

# UCF KNIGHTS TRACK AND FIELD

## 2015 TOP OUTDOOR MARKS • Final

Mark	Athlete	Place	Date	Meet	Mark	Athlete	Place	Date	Meet
<b>100M (SR: 10.87; FR: 11.09)</b>					<b>5000M (SR: 16:16.31; FR: 16.40.31)</b>				
11.46 (+2.0) (!s)	J'Nea Bellamy	20th	6/11	NCAA Champs	17:37.93	Laura Korsmit	21st	4/17	Mt. SAC
11.58 (+0.3) (!)	Christal Peterson	3rd	5/17	The American	18:05.34 (!)	Amy Ankli	5th	4/30	Twilight
11.64 (-1.4)	Briana Vaughn	19th	5/29	NCAA East	18:23.48 (!)	Ashton McMurray	5th	3/28	UCF Invite
11.71 (-0.5)	Kirsten Nieuwendam	1st	3/21	Black & Gold	19:05.80 (!)	Claire Castillo	7th	3/28	UCF Invite
11.92 (-0.5)	Terika Henry	2nd	3/21	Black & Gold	<b>10,000M (SR: 34:17.96; FR: 35:03.62)</b>				
12.16 (+0.0) (!)	Brittany Barber	8th	4/30	Twilight	40:58.07	Ashton McMurray	17th	5/14	The American
12.52 (0.0)	Johna' Whitaker	12th	3/28	UCF Invite	<b>Steeplechase (SR: 10:50.27; FR: 10:52.96)</b>				
<b>100H (SR: 12.81; FR: 13.50)</b>					10:52.96 (!#)	Kalleigh Forrester	18th	4/3	Florida Relays
13.50 (+1.3) (!#)	Johna' Whitaker	1st	4/11	USF Tri Meet	11:45.67	Claire Castillo	7th	4/24	Tom Jones
13.68 (+1.3) (!)	Devinn Cartwright	3rd	4/11	USF Tri Meet	14:44.74	Caroline Cubero	6th	4/11	USF Tri Meet
13.76 (+1.3) (!)	Lia King	4th	4/11	USF Tri Meet	<b>4x100 Relay (SR: 43.15)</b>				
<b>200M (SR: 22.46; FR: 22.74)</b>					44.34	UCF	1st	4/30	Twilight
23.06 (+1.3) (!mf)	J'Nea Bellamy	1st	5/17	The American	(Nieuwendam, Peterson, Bellamy, Vaughn)				
23.62 (+1.3)	Briana Vaughn	4th	5/17	The American	44.41	UCF	12th	5/30	NCAA East
23.77 (-0.1)	Kirsten Nieuwendam	1st	3/21	Black & Gold	(Nieuwendam, Peterson, Bellamy, Vaughn)				
23.82 (+0.0) (!)	Christal Peterson	2nd	4/30	Twilight	44.47 (mf)	UCF	1st	5/17	The American
23.83 (-0.2)	Ashley Jocelyn	2nd	3/21	Black & Gold	(Nieuwendam, Peterson, Bellamy, Vaughn)				
24.14 (-0.2)	Terika Henry	3rd	3/21	Black & Gold	<b>4x400 Relay (SR: 3:32.22)</b>				
25.06 (+0.0) (!)	Brittany Barber	16th	4/30	Twilight	3:32.22 (^)	UCF	13th	5/30	NCAA East
25.07 (+0.0) (!)	Johna' Whitaker	7th	3/28	UCF Invite	(Jean, Nieuwendam, Henry, Jocelyn)				
26.23 (+0.0) (!)	Allison Lampert	28th	4/30	Twilight	3:34.67	UCF	2nd	5/17	The American
28.31 (+0.0) (!)	Kebreyona Acker	32nd	4/30	Twilight	(Logan, Nieuwendam, Henry, Jocelyn)				
<b>400M (SR: 52.49; FR: 53.60)</b>					<b>4x200 Relay (SR: 1:32.81)</b>				
52.92 (!)	Ashley Jocelyn	6th	5/17	The American	<b>4x800 Relay (SR: 8:38.75)</b>				
54.98	Kirsten Nieuwendam	6th	4/30	Twilight	8:38.75 (^)	UCF	1st	4/4	Florida Relays
55.85	Terika Henry	23rd	4/24	Tom Jones	(Pauls, Logan, Williams, Chamberlain)				
56.09 (!)	Christal Peterson	2nd	4/11	USF Tri Meet	<b>Pole Vault (SR: 3.81m/12-6; FR: 3.67m/12-00.50)</b>				
<b>400H (SR: 57.07; FR: 58.84)</b>					3.55m/11-07.75	Paige Byrnes	11th	4/24	Tom Jones
58.64	Sandy Jean	2nd	4/30	Twilight	3.10m/10-02.00	Bailey Ranson	8th	3/21	Black & Gold
58.74 (!)	Devinn Cartwright	11th	4/17	Mt. SAC	<b>Shot Put (SR: 15.65m/51-4.25; FR: 14.86m/48-09)</b>				
<b>800M (SR: 2:06.37; FR: 2:06.38)</b>					14.37m/47-01.75 (!)	Tara Daniels	2nd	5/8	UNF Preview
2:06.38 (!#p)	Rosie Chamberlain	4th	5/15	The American	11.87m/38-11.50	Kalen Hambrick	4th	4/11	USF Tri Meet
2:07.48 (!)	Amelia Williams	4th	5/17	The American	10.43m/34-02.75 (!)	Devinn Cartwright	8th	3/21	Black & Gold
2:08.62	Ne'Ausha Logan	1st	4/11	USF Tri Meet	<b>Hammer (SR: 58.60m/192-3; FR: 54.60m/179-02)</b>				
2:11.10 (!p)	Caroline Pauls	11th	5/15	The American	57.17m/187-06 (!)	Kalen Hambrick	14th	5/30	NCAA East
<b>1500M (SR: 4:30.58; FR: 4:38.18)</b>					48.31m/158-06 (!)	Tara Daniels	5th	4/11	USF Tri Meet
4:38.61	Amelia Williams	2nd	4/11	USF Tri Meet	<b>UCF TRACK &amp; FIELD ATHLETES OF THE WEEK</b>				
4:43.20	Laura Korsmit	8th	3/28	UCF Invite	Kirsten Nieuwendam (3/24) AAC Track Athlete of the Week				
4:45.03	Caroline Pauls	3rd	4/11	USF Tri Meet	J'Nea Bellamy (4/21) AAC Track Athlete of the Week				
4:52.12 (!)	Claire Castillo	11th	3/28	UCF Invite	Laura Korsmit (4/28) AAC Track Athlete of the Week				
5:07.59	Kalleigh Forrester	10th	3/21	Black & Gold	Christal Peterson (5/5) AAC Track Athlete of the Week				
<b>3000M (SR: 10:10.20; FR: 10:10.20)</b>					<b>EDITOR'S KEY</b>				
10:10.20 (^#)	Laura Korsmit	3rd	4/24	Tom Jones	s = Earned in semifinals		c = Earned in consolation event		
10:25.76	Kalleigh Forrester	5th	4/24	Tom Jones	^ = school record		H = Earned in heptathlon		
10:28.22	Amy Ankli	6th	4/24	Tom Jones	# = freshman record		w = wind-aided		
10:43.30	Ashton McMurray	9th	4/24	Tom Jones	! = personal record (PR)		f = facility record		
					m = meet record		u = Earned in university finals		
					p = Earned in preliminaries				

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<b>Javelin (SR: 45.59m/149-07; FR: 45.59m/149-07)</b>									
45.59m/149-07 (^#)	Jenna Lucas	3rd	4/24	Tom Jones					
28.45m/93-04	Tara Daniels	5th	4/11	USF Tri Meet					
27.25m/89-05 (!)	Devinn Cartwright	8th	3/21	Black & Gold					
<b>High Jump (SR: 1.81m/5-11.25; FR: 1.81m/5-11.25)</b>									
1.63m/5-04.25	Allison Lampert	3rd	3/28	UCF Invite					
1.60m/5-03.00	Kebreyona Acker	11th	4/24	Tom Jones					
<b>Long Jump (SR: 6.59m/21-07.50; FR: 6.52m/21-4.75)</b>									
5.69m/18-08.00 (!)	Lia King	3rd	4/11	USF Tri Meet					
5.55m/18-02.50	Devinn Cartwright	2nd	3/28	UCF Invite					
<b>Triple Jump (SR: 13.25m/43-5.75; FR: 12.46m/40-10.5)</b>									
12.45m/40-10.25 (!)	Lia King	1st	3/28	UCF Invite					
<b>Discus (SR: 53.14m/174-4; FR: 48.85m/160-3)</b>									
39.62m/130-00	Tara Daniels	3rd	3/28	UCF Invite					
35.30m/115-10	Kalen Hambrick	6th	4/11	USF Tri Meet					
<b>Sprint Medley (SR: 3:46.12)</b>									
4:07.15	UCF	16th	4/4	Florida Relays					
<b>Distance Medley (SR: 11:30.13)</b>									
<b>Heptathlon (SR: 5,233; FR: 4,500)</b>									
<b>Shuttle Hurdle (SR: 53.83)</b>									

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 ^ = school record  
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 m = meet record  
 p = Earned in preliminaries

s = Earned in semifinals  
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