

UCF KNIGHTS TRACK AND FIELD

CAREER OUTDOOR PERFORMANCES • AS OF JUNE 16

<u>Date (Event)</u>	<u>Mark</u>	<u>Place</u>	<u>Date (Event)</u>	<u>Mark</u>	<u>Place</u>
Jocelin Adona			5/31/14 (NCAA East Prelim) (^!) 16:16.31 13th		
3000M			5/3/14 (The American Champ) 16:20.22 2nd		
4/20/13 (Tom Jones Memorial)	(!) 10:55.19	6th	4/4/14 (Florida Relays) 16:34.57 1st		
4/13/13 (Hurricane Alumni Invitational)	11:00.56	3rd	3/28/14 (UCF Invitational) 17:08.91 1st		
5000M			3/22/14 (Black & Gold Challenge) 17:00.87 1st		
3/16/13 (Black & Gold Challenge)	19:17.36	2nd	5/12/13 (C-USA Championship) 16:41.11 4th		
10000M			4/5/13 (Pepsi Florida Relays) (#) 16:40.31 4th		
3/22/13 (UCF Invitational)	39:49.60	3rd	10000M		
Amy Ankli			5/29/14 (NCAA East Prelim) (^!) 34:17.96 13th		
1500M			5/3/14 (The American Champ) 34:47.24 1st		
4/20/13 (Tom Jones Memorial)	(!) 5:00.82	18th	4/17/14 (Mt. SAC Relays) 34:39.59 3rd		
4/13/13 (Hurricane Alumni Invitational)	5:02.21	10th	5/10/13 (C-USA Championship) (#) 35:03.62 3rd		
3/23/13 (UCF Invitational)	5:01.24	10th	3/22/13 (UCF Invitational) 35:39.76 1st		
5000M			Paige Byrnes		
3/16/13 (Black & Gold Challenge)	19:42.07	3rd	Pole Vault		
Brittany Barber			4/26/14 (UNF Invite) (!#) 3.67m/12-00.50 4th		
100M			3/28/14 (UCF Invitational) 3.37m/11-00.75 5th		
4/26/14 (UNF Invitational)	(w) 12.18 (+2.2)	12th	3/22/14 (Black & Gold Challenge) 3.55m/11-07.75 4th		
3/28/14 (UCF Invitational)	12.53 (-0.1)	7th	Siaina Campbell		
200M			Javelin		
4/26/14 (UNF Invitational)	(w) 25.11 (+4.2)	12th	5/16/14 (Georgia Tech Invite) 38.81m/127-04 10th		
3/28/14 (UCF Invitational)	25.47 (-1.3)	9th	5/3/14 (The American Champ) 39.29/128-11 9th		
J'Nea Bellamy			4/26/14 (UNF Invite) 39.07m/128-02 1st		
100M			4/19/14 (Beach Invitational) (#^!) 41.01m/134-06 18th		
5/30/14 (NCAA East Prelim)	(w) 11.54 (+2.5)	14th	4/18/14 (Brian Clay Invitational) 37.26m/122-03 13th		
5/29/14 (NCAA East Prelim)	(s) 11.68 (-1.1)	12th	3/28/14 (UCF Invitational) 37.71m/123-09 3rd		
5/16/14 (Georgia Tech Invite)	11.83 (-03)	10th	3/22/14 (Black & Gold Challenge) 38.65m/126-10 2nd		
5/4/14 (The American Champ)	11.59 (0.5)	2nd	3/20/14 (Bulls Invitational) 40.07m/131-05 4th		
5/3/14 (The American Champ)	(p) 11.58 (-0.7)	1st	Devin Cartwright		
4/26/14 (UNF Invitational)	(!) 11.55 (+1.8)	3rd	200M		
4/19/14 (Beach Invitational)	11.92 (+1.5)	4th	3/22/14 (Black & Gold Challenge) (!) 25.00 (-1.2) 10th		
4/18/14 (Mt. SAC Relays)	11.78 (+0.9)	22nd	<i>*At Kentucky</i>		
3/22/14 (Black & Gold Challenge)	11.75 (+0.5)	1st	3/30/13 (Oliver Nickoloff Invitational) 25.57 13th		
200M			400M		
5/31/14 (NCAA East Prelim)	23.82 (+0.7)	18th	<i>*At Kentucky</i>		
5/30/14 (NCAA East Prelim)	(s) 23.67 (+0.9)	19th	3/14/-3/15/13 (Bulls Invitational) 57.74 10th		
5/4/14 (The American Champ)	(!) 23.38 (0.4)	1st	100H		
5/3/14 (The American Champ)	(p) 23.67 (0.8)	1st	5/4/14 (The American Champ) 13.97 (-1.6) 3rd		
4/18/14 (Mt. SAC Relays)	24.18 (+1.0)	24th	5/3/14 (The American Champ) (p) 13.96 (-1.3) 2nd		
3/28/14 (UCF Invitational)	24.34 (-0.5)	3rd	4/26/14 (UNF Invitational) (w) 13.87 (+2.4) 4th		
3/22/14 (Black & Gold Challenge)	24.01 (+0.1)	1st	4/18/14 (Mt. SAC Relays) (!) 13.90 (+1.6) 13th		
Anne-Marie Blaney			4/4/14 (Florida Relays) 14.15 (+1.1) 45th		
1500M			3/22/14 (Black & Gold Challenge) 14.14 (-1.1) 2nd		
5/16/14 (Georgia Tech Invite)	(!^) 4:30.58	11th	EDITOR'S KEY		
4/26/14 (UNF Invitational)	4:31.93	1st	q = Earned in quarterfinals		
3/28/14 (UCF Invitational)	4:39.59	1st	^ = school record		
4/27/13 (Arkansas Invite)	(#) 4:38.18	6th	c = Earned in consolation event		
3/16/13 (Black & Gold Challenge)	4:39.00	1st	# = freshman record		
5000M			P = Earned in pentathlon		
			H = Earned in heptathlon		
			w = wind-aided		
			u = Earned in university finals		
			f= facility record		
			! = personal record (PR)		
			m = meet record		
			p = Earned in preliminaries		
			s = Earned in semifinals		

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<u>Date (Event)</u>	<u>Mark</u>	<u>Place</u>	<u>Date (Event)</u>	<u>Mark</u>	<u>Place</u>
<i>*At Kentucky</i>			5/29/14 (NCAA East Prelim)	(s) 53.51	12th
4/13/13 (Louisville Border Battle)	(w) 14.08	3rd	5/17/14 (Georgia Tech Invite)	53.23	7th
3/30/13 (Oliver Nickoloff Invitational)	14.44	4th	5/4/14 (The American Champ)	52.77	1st
400H			5/3/14 (The American Champ)	53.54	2nd
5/17/14 (Georgia Tech Invite)	1:00.15	14th	4/26/14 (UNF Invitational)	54.27	1st
5/3/14 (The American Champ)	1:49.87	13th	5/24/13 (NCAA East Prelims)	53.38	17th
4/18/14 (Mt. SAC Relays)	1:02.51	43rd	5/23/13 (NCAA East Prelims)	(p) 52.96	19th
4/4/14 (Florida Relays)	(!) 1:00.18	22nd	5/12/13 (C-USA Championship)	(!^) 52.49	1st
3/28/14 (UCF Invitational)	1:01.40	2nd	5/11/13 (C-USA Championship)	(p) 53.77	3rd
<i>*At Kentucky</i>			4/27/13 (Arkansas Invite)	53.85	3rd
4/13/13 (Louisville Border Battle)	1:06.10	7th	4/13/13 (Hurricane Alumni Invitational)	53.77	1st
5/10-5/13/12 (SEC Championships)	(p) 1:03.19	18th	4/5/13 (Pepsi Florida Relays)	54.01	18th
4/26-4/28/12 (Penn Relays)	1:03.41	44th	3/23/13 (UCF Invitational)	54.39	3rd
4/21/12 (Polytan Invitational)	1:02.46	4th	3/16/13 (Black & Gold Challenge)	54.57	1st
4/14/12 (Texas Roadhouse Border Battle)	1:05.11	5th	8/3/12 (Olympic Games)	54.25	38th
4/6-4/7/12 (Florida Relays)	1:04.94	52nd	5/24/12 (NCAA East Prelims)	(p) 54.62	39th
Long Jump			5/13/12 (CUSA Championships)	54.03	5th
5/3/14 (The American Champ)	(!) 5.68m/18-07.25	8th	5/12/12 (CUSA Championships)	(p) 54.30	4th
3/28/14 (UCF Invitational)	5.64m/18-06.00 (1.9)	1st	4/21/12 (Tom Jones Memorial)	56.11	13th
Javelin			4/6/12 (Pepsi Relays)	54.43	26th
3/28/14 (UCF Invitational)	24.51m/80-05	13th	3/17/12 (Black & Gold Challenge)	53.73	1st
Shot Put			5/26/11 (NCAA East)	(p) 57.19	43rd
3/28/14 (UCF Invitational)	(!) 9.74m/31-11.50	14th	5/24/11 (CARIFTA Games)	54.23	3rd
Cody Castillo			5/15/11 (C-USA Championships)	53.73	4th
800M			5/14/11 (C-USA Championships)	(#p) 53.60	6th
3/17/12 (Black & Gold Challenge)	(!) 2:20.28	10th	4/16/11 (Tom Jones Memorial)	55.91	9th
1500M			4/1/11 (Florida Relays)	56.27	33rd
4/27/13 (Arkansas Invite)	4:47.62	12th	3/26/11 (UCF Invitational)	55.40	11th
4/20/13 (Tom Jones Memorial)	4:39.31	11th	3/19/11 (Black & Gold Challenge)	55.86	2nd
4/13/13 (Hurricane Alumni Invitational)	4:51.58	4th	Heather Classe		
4/5/13 (Pepsi Florida Relays)	4:45.36	24th	3000M		
3/23/13 (UCF Invitational)	4:48.88	5th	4/27/13 (Arkansas Invite)	10:27.25	3rd
3/16/13 (Black & Gold Challenge)	4:45.59	5th	4/20/13 (Tom Jones Memorial)	(^#!) 10:13.18	3rd
5/12/12 (CUSA Championships)	(p!) 4:32.52	14th	3000M Steeplechase		
3/24/12 (UCF Invitational)	4:48.48	11th	5/3/14 (The American Champ)	12:06.07	11th
3/17/12 (Black & Gold Challenge)	4:44.60	4th	5000M		
Afia Charles			5/12/13 (C-USA Championship)	18:12.55	29th
100M			4/5/13 (Pepsi Florida Relays)	(!) 17:43.13	20th
3/28/14 (UCF Invitational)	11.94 (-0.2)	2nd	3/23/13 (UCF Invitational)	18:13.59	5th
200M			3/16/13 (Black & Gold Challenge)	18:35.99	1st
5/4/14 (The American Champ)	23.93 (0.4)	5th	Jen Clayton		
5/3/14 (The American Champ)	(p!) 23.74 (0.2)	2nd	100M		
3/28/14 (UCF Invitational)	24.05 (-0.5)	1st	3/22/14 (Black & Gold Challenge)	11.97 (+0.2)	3rd
3/22/14 (Black & Gold Challenge)	24.09 (+0.1)	3rd	5/11/13 (C-USA Championship)	(p) 12.00 (-2.8)	11th
5/12/13 (C-USA Championship)	24.32 (-0.2)	7th	EDITOR'S KEY ^ = school record # = freshman record ! = personal record (PR) m = meet record p = Earned in preliminaries s = Earned in semifinals c = Earned in consolation event P = Earned in pentathlon H = Earned in heptathlon u = Earned in university finals f = facility record		
5/11/13 (C-USA Championship)	(p) 23.82 (+0.1)	5th			
3/23/13 (UCF Invitational)	(w) 23.86 (+2.4)	2nd			
3/24/12 (UCF Invitational)	(w) 24.10 (+2.4)	13th			
5/5/11 (UCF Twilight)	24.20 (-0.8)	9th			
3/19/11 (Black & Gold Challenge)	24.35 (+2.0)	9th			
400M					
5/30/14 (NCAA East Prelim)	54.02	20th			

UCF KNIGHTS TRACK AND FIELD

CAREER OUTDOOR PERFORMANCES • AS OF JUNE 16

Event (Date)	Mark	Place
4/27/13 (Arkansas Invite)	12.02 (+0.5)	7th
4/20/13 (Tom Jones Memorial)	(!) 11.93 (+1.2)	13th
4/5/13 (Pepsi Florida Relays)	(w) 11.87 (+2.1)	26th
3/23/13 (UCF Invitational)	(!) 11.93 (+1.2)	T6th
3/16/13 (Black & Gold Challenge)	11.95 (+1.1)	3rd
3/17/12 (Black & Gold Challenge)	12.04 (+1.8)	11th

200M

3/28/14 (UCF Invitational)	24.96 (-0.5)	5th
3/17/12 (Black & Gold Challenge)	24.76 (+1.7)	11th

Long Jump

6/16/14 (NCAA Champs)	6.15m/20-2.25 (+2.1)	15th
5/29/14 (NCAA East Prelim)	6.17m/20-03.00 (+0.1)	12th
5/16/14 (Georgia Tech Invite)	6.22m/20-05.00 (+0.0)	2nd
5/3/14 (The American Champ)	6.15m/20-02.25 (+0.8)	2nd
4/26/14 (UNF Invite)	6.42m/21-00.74 (-0.1)	1st
4/19/14 (Mt. SAC Relays)	(w) 6.05m/19-10.25 (+2.5)	9th
6/5/13 (NCAA Championships)	(w) 6.42m/21-00.75 (+3.3)	3rd
5/23/13 (NCAA East Prelims)	6.29m/20-7.75 (+1.9)	1st
5/10/13 (C-USA Championship)	(!) 6.49m/21-03.50 (+1.3)	2nd
4/27/13 (Arkansas Invite)	6.17m/20-03 (-0.8)	1st
4/20/13 (Tom Jones Memorial)	5.98m/19-07.50 (+1.9)	4th
4/5/13 (Pepsi Florida Relays)	5.98m/19-07.50 +1.9)	5th
3/22/13 (UCF Invitational)	6.17m/20-03.00 (+0.1)	1st
3/16/13 (Black & Gold Challenge)	(w) 6.14m/20-01.75 (+2.6)	1st
5/24/12 (NCAA East Prelims)	5.89m/19-4 (-1.0)	30th
5/12/12 (CUSA Championships)	5.95m/19-06.25 (+1.2)	7th
4/21/12 (Tom Jones Memorial)	(w) 5.84m/19-02.00 (+2.4)	9th
4/6/12 (Pepsi Relays)	6.14m/20-01.75	3rd

*At LSU in 2011

5/26-5/28 (NCAA East Preliminary)	(wp) 6.02m/19-9	15th
5/11-5/14 (SEC Outdoor Championships)	6.18m/20-3.50	2nd
4/28-4/30 (Penn Relays)	(w) 5.91m/19-4.75	7th
4/23 (LSU Alumni Gold)	(w) 6.25m/20-6.25	3rd
4/16 (Miami Hurricane Alumni Invite)	5.96m/19-6.75	3rd
4/2 (LSU Outdoor Invitational)	5.93m/19-5.50	2nd
3/25-3/26 (LSU Relays)	(!) 6.22m/20-5	1st

Triple Jump

5/4/14 (The American Champ)	11.82m/38-09.5 (+0.5)	7th
5/25/13 (NCAA East Prelims)	12.01m/39-5 (-2.1)	35th
5/12/13 (C-USA Championship)	(!) 12.58m/41-03.25 (+1.2)	3rd
5/13/12 (CUSA Championships)	(w) 11.64m/38-02.25(+3.2)	14th

Kalen Hambrick

Hammer Throw

5/30/14 (NCAA East Prelim)	53.52m/175-07	39th
5/16/14 (Georgia Tech Invite)	54.37m/178-04	9th
5/3/14 (The American Champ)	55.04m/180-07	4th
4/18/14 (Mt. SAC Relays)	54.83m/179-11	16th
4/17/14 (Bryan Clay)	53.97m/177-01	6th
4/5/14 (Florida Relays)	53.68m/176-01	2nd
3/28/14 (UCF Invitational)	(!) 56.36m/184-11	1st
3/22/14 (Black & Gold Challenge)	53.18m/174-06	1st
3/20/14 (Bulls Invitational)	52.98m/173-10	1st

Event (Date)	Mark	Place
5/10/13 (C-USA Championship)	54.60m/179-02	3rd
5/3/13 (Seminole Twilight)	49.64m/162-10	4th
4/13/13 (Hurricane Alumni Invitational)	50.64m/166-02	5th
4/6/13 (Florida Relays)	(u) 51.95m/170-05	7th
3/22/13 (UCF Invitational)	50.97m/167-03	9th
3/16/13 (Black & Gold Challenge)	49.66m/162-11	6th

Alyssa Hamel

3000 Steeplechase

5/11/13 (C-USA Championship)	12:21.63	17th
4/20/13 (Tom Jones Memorial)	(!) 11:46.77	4th
4/5/13 (Pepsi Florida Relays)	12:29.90	26th
3/22/13 (UCF Invitational)	12:26.55	3rd

1500M

3/16/13 (Black & Gold Challenge)	5:15.22	12th
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Sandy Jean

400M

3/28/14 (UCF Invitational)	(!) 55.85	3rd
3/22/14 (Black & Gold Challenge)	56.21	2nd

100H

5/11/13 (C-USA Championship)	(p!) 14.59 (-0.5)	14th
3/26/11 (UCF Invitational)	14.87 (+1.3)	23rd
3/19/11 (Black & Gold Challenge)	14.99 (+1.2)	7th

400H

5/30/14 (NCAA East Prelim)	58.66	21st
5/29/14 (NCAA East Prelim)	58.36	15th
5/17/14 (Georgia Tech Invite)	58.96	7th
5/4/14 (The American Champ)	57.87	1st
5/3/14 (The American Champ)	(p) 58.77	1st
4/26/14 (UNF Invite)	59.67	3rd
4/19/14 (Beach Invitational)	1:01.65	7th
4/18/14 (Mt. SAC Relays)	59.92	11th
6/5/13 (NCAA Championships)	(s) 58.38	10th
5/23/13 (NCAA East Prelims)	57.83	4th
5/23/13 (NCAA East Prelims)	(!^p) 57.07	2nd
5/12/13 (C-USA Championship)	(m) 57.59	1st
5/11/13 (C-USA Championship)	(p) 59.03	1st
4/27/13 (Arkansas Invite)	59.18	2nd
4/20/13 (Tom Jones Memorial)	(!) 57.77	2nd
4/13/13 (Hurricane Alumni Invitational)	59.20	2nd
4/5/13 (Pepsi Florida Relays)	58.96	9th
3/23/13 (UCF Invitational)	1:00.40	1st
3/16/13 (Black & Gold Challenge)	1:01.50	1st
5/27/11 (NCAA East)	59.89	17th
5/26/11 (NCAA East)	(p) 1:00.36	18th

EDITOR'S KEY

^ = school record
 # = freshman record
 ! = personal record (PR)
 m = meet record
 p = Earned in preliminaries
 s = Earned in semifinals

q = Earned in quarterfinals
 c = Earned in consolation event
 P = Earned in pentathlon
 H = Earned in heptathlon
 w = wind-aided
 u = Earned in university finals
 f= facility record

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<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
5/15/11 (C-USA Championships)	(#) 58.84	3rd
5/14/11 (C-USA Championships)	(p) 1:00.73	4th
5/5/11 (UCF Twilight)	1:01.29	1st
4/28/11 (Penn Relays)	1:02.84	41st
4/16/11 (Tom Jones Memorial)	1:03.49	10th
4/1/11 (Florida Relays)	1:00.89	17th
3/26/11 (UCF Invitational)	1:01.19	4th
3/19/11 (Black & Gold Challenge)	1:01.75	4th

Ashley Jocelyn

400M		
5/29/14 (NCAA East Prelim)	(s) 54.46	41st
5/17/14 (Georgia Tech Invite)	54.59	19th
5/4/14 (The American Champ)	(!) 54.03	7th
5/3/14 (The American Champ)	(p) 55.28	4th
4/26/14 (UNF Invitational)	54.90	2nd
4/18/14 (Mt. SAC Relays)	56.37	49th
3/28/14 (UCF Invitational)	55.87	4th
3/22/14 (Black & Gold Challenge)	56.71	4th

Lia King

200M		
4/26/14 (UNF Invite)	(w) 26.76 (+2.1)	20th
3/22/14 (Black & Gold Challenge)	26.65 (-1.2)	22nd

100H		
5/16/14 (Georgia Tech Invite)	14.46 (-0.1)	29th
5/4/14 (The American Champ)	14.86 (-1.6)	7th
5/3/14 (The American Champ)	(p) 14.59 (-0.4)	8th
4/26/14 (UNF Invite)	(w) 14.33 (+2.4)	6th
4/18/14 (Mt. SAC Relays)	14.58 (+0.0)	43rd
4/4/14 (Florida Relays)	(!) 14.26 (+1.1)	50th
3/28/14 (UCF Invitational)	14.68 (-1.0)	2nd

Triple Jump

5/4/14 (The American Champ)	11.35m/37-03 (-0.8)	11th
3/28/14 (UCF Invitational)	11.57m/37-11.50 (1.4)	1st

Allison Lampert

High Jump		
5/17/14 (Georgia Tech Invite)	1.66m/5-05.25	10th
5/4/14 (The American Champ)	1.65m/5-05.00	T-7th
4/26/14 (UNF Invite)	1.50m/5-03	4th
4/19/14 (Beach Invitational)	1.60m/5-03.00	23rd
3/28/14 (UCF Invitational)	1.68m/5-06.00	2nd
3/22/14 (Black & Gold Challenge)	1.73m/5-08.00	1st
5/12/13 (C-USA Championship)	(!) 1.75m/5-08.75	4th
4/20/13 (Tom Jones Memorial)	(u) 1.56m/5-01.25	5th
4/13/13 (Hurricane Alumni Invitational)	1.61m/5-03.25	4th
3/23/13 (UCF Invitational)	1.65m/5-05.00	9th

Samantha Levin

*At LSU

400M		
3/22-3/12/13 (LSU Relays)	56.95	10th

<u>Event (Date)</u>		
3/16/13 (Louisiana Classics)	59.67	20th
4/4/12 (ASU-Ark-LSU Tri-Meet)	55.40	6th
3/15-3/17/12 (Louisiana Classics)	56.73	6th
800M		
5/9-5/12/13 (SEC Championships)	(p) 2:12.33	14th
4/20/13 (LSU Alumni Gold)	2:10.72	4th
4/13/13 (LSU Battle on the Bayou)	2:12.12	4th
4/6/13 (UCLA vs. TCU/LSU)	2:12.06	5th
5/24/12 (NCAA East Prelims)	(p) 2:11.56	42nd
5/10-5/13/12 (SEC Championship)	2:07.54	8th
5/10-5/13/12 (SEC Championship)	(p) 2:07.40	6th
4/21/12 (LSU Alumni Gold)	2:07.73	3rd
4/7/12 (LSU Battle on the Bayou)	2:07.82	6th

Ne'Ausha Logan

400M		
4/20/13 (Tom Jones Memorial)	(!) 55.42	5th
800M		
5/23/13 (NCAA East Prelims)	(p) 2:09.45	40th
5/12/13 (C-USA Championship)	2:07.04	2nd
5/11/13 (C-USA Championship)	(p) 2:07.74	1st
4/27/13 (Arkansas Invite)	2:11.67	2nd
4/13/13 (Hurricane Alumni Invitational)	(!^*) 2:06.37	3rd
4/5/13 (Pepsi Florida Relays)	2:09.27	15th
3/23/13 (UCF Invitational)	2:09.88	3rd
3/16/13 (Black & Gold Challenge)	2:10.69	1st
5/24/12 (NCAA East Prelims)	(p) 2:15.88	46th
5/13/12 (CUSA Championships)	2:07.25	1st
5/12/12 (CUSA Championships)	(p) 2:09.08	1st
4/6/12 (Pepsi Relays)	2:13.61	26th
3/24/12 (UCF Invitational)	2:12.89	12th
3/17/12 (Black & Gold Challenge)	2:21.21	11th
5/15/11 (C-USA Championships)	2:11.79	8th
5/14/11 (C-USA Championships)	(p) 2:11.49	5th
5/5/11 (UCF Twilight)	(#) 2:11.15	3rd
4/16/11 (Tom Jones Memorial)	2:11.95	5th
4/1/11 (Florida Relays)	2:15.05	22nd
3/26/11 (UCF Invitational)	2:16.62	13th
3/19/11 (Black & Gold Challenge)	2:17.33	5th
1500M		
3/17/12 (Black & Gold Challenge)	(!) 4:52.40	10th

Kirsten Nieuwendam

100M		
5/3/14 (The American Champ)	(p) 11.93 (-0.7)	11th
3/22/14 (Black & Gold Challenge)	12.02 (+0.5)	4th

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UCF KNIGHTS TRACK AND FIELD

CAREER OUTDOOR PERFORMANCES • AS OF JUNE 16

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>	<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
5/24-5/26/12 (NCAA East Prelims)	(p) 12.00	42nd	5/3/14 (The American Champ)	(p) 11.82 (+0.5)	7th
5/11-5/13/12 (Big Ten Championship)	11.88	8th	4/26/14 (UNF Invite)	(!) 11.68 (+1.8)	5th
5/11-5/13/12 (Big Ten Championship)	(p) 11.68	3rd	4/19/14 (Beach Invitational)	12.15 (-1.6)	7th
5/4/12 (Jim Thorpe Open)	(w) 11.60	1st	4/18/14 (Mt. SAC Relays)	11.69 (+1.6)	12th
4/20-4/21/12 (War Eagle Invitational)	(p) 11.95	12th	6/15/12 (USA Junior Championships)	(p) 11.93 (-3.2)	14th
4/7/12 (LSU Battle on the Bayou)	12.08	14th	5/12/12 (CUSA Championships)	(p) 11.92 (-0.5)	12th
3/31/12 (Jim Click Shootout)	11.92	12th	4/6/12 (Pepsi Relays)	11.70 (+0.2)	16th
5/13-5/15/11 (Big Ten Championship)	(p) 11.98	12th	3/24/12 (UCF Invitational)	(w) 11.86 (+3.4)	13th
4/23-4/24/11 (Jesse Owens Classic)	12.30	14th	3/17/12(Black & Gold Challenge)	(w) 11.85 (+2.2)	7th
4/15-4/16/11 (War Eagle Invitational)	(p) 12.04	20th	200M		
200M			5/4/14 (The American Champ)	25.51 (0.4)	7th
5/3/14 (The American Champ)	24.53 (0.8)	15th	5/3/14 (The American Champ)	(p) 24.05 (0.3)	5th
4/26/14 (UNF Invite)	(w) 24.22 (+2.1)	5th	4/18/14 (Mt. SAC Relays)	(w) 23.89 (+3.1)	15th
5/24-5/26/12 (NCAA East Prelims)	(s) 24.45	27th	5/12/12 (CUSA Championships)	(p) 24.43 (+0.1)	16th
5/24-5/26/12 (NCAA East Prelims)	(p) 24.06	27th	400M		
5/11-5/13/12 (Big Ten Championship)	23.52	3rd	4/21/12 (Tom Jones Memorial)	(!) 57.61	16th
5/11-5/13/12 (Big Ten Championship)	(p) 23.61	2nd	Destinee Romain		
5/4/12 (Jim Thorpe Open)	23.47	1st	Shot Put		
4/20-4/21/12 (War Eagle Invitational)	(w) 23.72	3rd	5/16/14 (Georgia Tech Invite)	14.26m/46-09.50	10th
4/14-4/15/12 (Bison Outdoor Classic)	23.97	1st	5/3/14 (The American Champ)	14.05m/46-01.25	10th
4/7/12 (LSU Battle on the Bayou)	24.44	14th	4/26/14 (UNF Invite)	14.13m/46-04.25	1st
3/31/12 (Jim Click Shootout)	24.08	8th	4/18/14 (Beach Invitational)	13.84m/45-0.500	12th
5/13-5/15/11 (Big Ten Championship)	(w) 25.14	18th	4/3/14 (Florida Relays)	14.19m/46-06.75	7th
5/7/11 (Jim Thorpe Invitational)	24.29	2nd	3/28/14 (UCF Invitational)	(!)14.28m/46-10.25	1st
4/23-4/24/11 (Jesse Owens Classic)	25.22	15th	3/22/14 (Black & Gold Challenge)	13.81m/45-03.75	2nd
4/15-4/16/11 (War Eagle Invitational)	24.74	30th	5/12/13 (C-USA Championship)	14.17m/46-06	9th
400M			5/3/13 (Seminole Twilight)	13.00m/42-8	4th
4/20-4/21/12 (War Eagle Invitational)	54.64	7th	4/13/13 (Hurricane Alumni Invitational)	13.34m/43-09.25	4th
4/14-4/15/12 (Bison Outdoor Classic)	54.77	2nd	4/6/13 (Pepsi Florida Relays)	(u) 13.80m/45-03.50	9th
5/7/11 (Jim Thorpe Invitational)	57.41	2nd	3/23/13 (UCF Invitational)	13.86m/45-05.75	7th
Caroline Pauls			3/16/13 (Black & Gold Challenge)	13.88m/45-06.50	3rd
800M			5/12/12 (CUSA Championships)	13.71m/44-11.75	9th
5/17/14 (Georgia Tech Invite)	2:12.98	23rd	4/28/12 (Memphis Invitational)	13.27m/43-6.50	9th
5/4/14 (The American Champ)	(!) 2:11.34	4th	4/21/12 (Tom Jones Memorial)	13.92m/45-08.00	5th
5/3/14 (The American Champ)	(p) 2:11.53	6th	3/24/12 (UCF Invitational)	13.23m/43-05.00	12th
4/18/14 (Mt. SAC Relays)	2:12.53	55th	3/17/12 (Black & Gold Challenge)	12.85m/42-02	3rd
3/28/14 (UCF Invitational)	2:16.11	4th	5/14/11 (C-USA Championships)	12.32m/40-5.00	15th
3/22/14 (Black & Gold Challenge)	2:12.52	3rd	5/5/11 (UCF Twilight)	13.04m/42-9.50	2nd
4/27/13 (Arkansas Invite)	2:15.72	4th	4/16/11 (Tom Jones Memorial)	12.55m/41-2.25	14th
4/20/13 (Tom Jones Memorial)	2:16.24	10th	3/26/11 (UCF Invitational)	13.20m/43-03.75	8th
4/13/13 (Hurricane Alumni Invitational)	2:13.24	9th	3/19/11 (Black & Gold Challenge)	12.60m/41-4.25	8th
4/5/13 (Pepsi Florida Relays)	2:22.15	40th	Discus		
3/23/13 (UCF Invitational)	2:14.89	14th	5/13/12 (CUSA Championships)	37.60m/123-04	19th
1500M			4/28/12 (Memphis Invitational)	39.06m/128-02	8th
4/26/14 (UNF Invite)	(!) 4:51.05	7th	4/21/12 (Tom Jones Memorial)	35.90m/117-09	11th
3/16/13 (Black & Gold Challenge)	4:58.44	8th			
Christal Peterson					
100M					
5/16/14 (Georgie Tech Invite)	11.78 (+0.4)	5th			
5/16/14 (Georgia Tech Invite)	(p) 11.75 (+0.6)	6th			
5/4/14 (The American Champ)	12.64 (+0.5)	8th			

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3/17/12 (Black & Gold Challenge)	35.60m/116-09	9th
5/15/11 (C-USA Championships)	41.22m/135-03	10th
5/5/11 (UCF Twilight)	39.58m/129-10	4th
4/16/11 (Tom Jones Memorial)	39.02m/128-00	17th
4/1/11 (Florida Relays)	41.43m/135-11	17th
3/26/11 (UCF Invitational)	33.00m/108-03	17th
3/19/11 (Black & Gold Challenge)	36.27m/119-00	14th

Hammer

5/30/14 (NCAA East Prelim)	50.61m/166-00	46th
5/16/14 (Georgia Tech Invite)	52.61m/172-07	12th
5/3/14 (The American Champ)	55.29m/181-05	3rd
4/26/14 (UNF Invite)	(!) 55.45m/181-11	2nd
4/18/14 (Mt. SAC Relays)	51.78m/169-10	24th
4/17/14 (Bryan Clay)	49.70m/163-01	15th
4/5/14 (Florida Relays)	50.90m/167-00	11th
3/28/14 (UCF Invitational)	52.40m/171-11	2nd
3/22/14 (Black & Gold Challenge)	49.16m/161-03	5th
3/20/14 (Bulls Invitational)	48.42m/158-10	2nd
5/10/13 (CUSA Championship)	47.78m/156-09	14th
5/3/13 (Seminole Twilight)	46.96m/154-1	6th
4/13/13 (Hurricane Alumni Invitational)	49.67m/162-11	7th
4/6/13 (Pepsi Florida Relays)	(u) 48.33m/158-07	15th
3/22/13 (UCF Invitational)	53.15m/174-04	8th
3/16/13 (Black & Gold Challenge)	45.78m/150-02	13th
5/11/12 (CUSA Championships)	40.60m/133-02	16th
3/23/12 (UCF Invitational)	44.24m/145-02	14th
3/17/12 (Black & Gold Challenge)	48.74m/159-11	3rd
3/19/11 (Black & Gold Challenge)	36.67m/120-4.00	12th

Briana Vaughn

100M

5/30/14 (NCAA East Prelim)	11.62 (+2.5)	17th
5/29/14 (NCAA East Prelim)	(s) 11.73 (-0.8)	19th
5/16/14 (Georgia Tech Invite)	11.83 (-1.1)	10th
5/4/14 (The American Champ)	11.65 (0.5)	3rd
5/3/14 (The American Champ)	(p) 11.62 (0.5)	2nd
4/26/14 (UNF Invite)	11.50 (+1.8)	2nd
4/19/14 (Beach Invitational)	11.80 (+1.5)	2nd
4/18/14 (Mt. SAC Relays)	(!) 11.38 (+1.6)	1st
5/23-5/25/13 (NCAA East Prelims)	(p) 11.63	29th
5/9-5/12/13 (SEC Championship)	11.79	8th
5/9-5/12/13 (SEC Championship)	(pw) 11.58	8th
4/19-4/20/13 (War Eagle Invitational)	11.67	4th
4/19-4/20/13 (War Eagle Invitational)	(p) 11.74	5th
4/12-4/13/13 (Georgia Spec Towns Invitational)	11.46	1st
4/4-4/6/13 (Florida Relays)	(w) 11.72	15th
3/29-3/30/13 (Yellow Jacket Invitational)	11.72	1st
3/15-3/16/13 (Georgia Relays)	(w) 11.37	1st

200M

5/30/14 (NCAA East Prelim)	24.32 (+0.9)	43rd
5/4/14 (The American Champ)	25.88 (0.4)	8th
5/3/14 (The American Champ)	(p) 23.83 (0.4)	6th
4/18/14 (Mt. SAC Relays)	(!) 23.58 (+1.0)	7th
3/28/14 (UCF Invitational)	24.05 (-0.5)	2nd
3/22/14 (Black & Gold Challenge)	24.02 (+0.1)	2nd
4/19-4/20/13 (War Eagle Invitational)	(w) 24.39	9th
3/29-3/30/13 (Yellow Jacket Invitational)	24.39	7th

Amelia Williams

800M

5/17/14 (Georgia Tech Invite)	2:11.60	19th
5/4/14 (The American Champ)	2:19.82	8th
5/3/14 (The American Champ)	(p) 2:11.69	7th
4/26/14 (UNF Invite)	2:13.15	3rd
4/20/14 (Beach Invite)	(!) 2:12.40	28th
3/24/12 (UCF Invitational)	2:19.29	26th
3/17/12 (Black & Gold Challenge)	2:19.72	9th

1500M

5/4/14 (The American Champ)	(!) 4:36.35	8th
5/3/14 (The American Champ)	(p) 4:38.57	6th
4/18/14 (Mt. SAC Relays)	4:41.01	99th
3/28/14 (UCF Invitational)	4:41.75	4th
3/22/14 (Black & Gold Challenge)	4:44.16	2nd
4/27/13 (Arkansas Invite)	4:47.62	10th
4/20/13 (Tom Jones Memorial)	4:40.01	12th
4/13/13 (Hurricane Alumni Invitational)	4:45.07	3rd
4/5/13 (Pepsi Florida Relays)	4:49.40	31st
3/23/13 (UCF Invitational)	4:51.17	7th
3/16/13 (Black & Gold Challenge)	4:48.65	6th

Erica Winston

400M

5/17/14 (Georgia Tech Invite)	55.30	24th
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800M

5/29/14 (NCAA East Prelim)	(s) 2:07.30	33rd
5/4/14 (The American Champ)	(!) 2:06.86	2nd
5/3/14 (The American Champ)	(p) 2:08.64	2nd
4/18/14 (Mt. SAC Relays)	2:08.35	16th
4/03/14 (Florida Relays)	2:07.91	8th
3/28/14 (UCF Invitational)	2:11.90	2nd
3/22/14 (Black & Gold Challenge)	2:12.37	2nd
5/12/13 (C-USA Championship)	2:09.83	3rd
5/11/13 (C-USA Championship)	(p) 2:09.42	3rd
4/20/13 (Tom Jones Memorial)	2:11.53	5th
4/13/13 (Hurricane Alumni Invitational)	2:10.55	7th
4/5/13 (Pepsi Florida Relays)	2:11.93	26th
3/23/13 (UCF Invitational)	2:10.85	5th
3/16/13 (Black & Gold Challenge)	2:11.87	2nd
5/13/12 (CUSA Championships)	(p) 2:13.08	11th
4/6/12 (Pepsi Relays)	2:13.00	22nd
3/24/12 (UCF Invitational)	2:14.87	17th
3/17/12 (Black & Gold Challenge)	2:13.84	4th
5/14/11 (C-USA Championships)	(p) 2:13.23	11th
5/5/11 (UCF Twilight)	(#) 2:10.80	2nd

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4/16/11 (Tom Jones Memorial)	2:12.80	7th
4/1/11 (Florida Relays)	2:14.53	20th
3/26/11 (UCF Invitational)	2:12.50	4th
3/19/11 (Black & Gold Challenge)	2:15.13	4th

1500M

4/26/14 (UNF Invite)	4:43.32	3rd
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Holly Wooley

1500M

4/26/14 (UNF Invite)	4:51.28	8th
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5000M

5/3/14 (The American Champ)	18:22.59	13th
4/3/14 (Florida Relays)	(!) 17:33.56	29th

Steeplechase

5/2/14 (The American Champ)	12:06.07	11th
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