

UCF KNIGHTS TRACK AND FIELD

CAREER INDOOR PERFORMANCES • FINAL 2013

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>	<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
Jocelin Adona			3/11/11 (NCAA Indoors) (p) 7.27 10th		
3000M			2/26/11 (C-USA Championships) 7.41 5th		
1/17/13 (Gator Invitational)	(f) 11:05.07	17th	2/25/11 (C-USA Championships) (p) 7.35 3rd		
5000M			2/11/11 (Tyson Invite) 7.34 4th		
1/27/13 (Jimmy Carnes Invite)	(f) 19:31.45	13th	2/11/11 (Tyson Invite) (s!) 7.24 5th		
Amy Ankli			2/11/11 (Tyson Invite) (p) 7.27 5th		
3000M			1/28/11 (Penn State National) (s) 7.27 1st		
1/17/13 (Gator Invitational)	(f) 10:23.69	4th	1/28/11 (Penn State National) (p) 7.37 2nd		
1/12/13 (Kentucky Invitational)	(!) 10:45.85	18th	1/21/11 (Hokie Invitational) 7.26 3rd		
5000M			1/21/11 (Hokie Invitational) (p) 7.34 3rd		
1/26/13 (Hokie Invitational)	18:49.74	8th	1/15/11 (Kentucky Invitational) 7.29 1st		
Mile			1/15/11 (Kentucky Invitational) (p) 7.32 1st		
1/25/13 (Hokie Invitational)	(!) 5:31.33	12th	200M		
1/12/13 (Kentucky Invitational)	5:33.25	21st	2/9/13 (Tyson Invite) 23.94 11th		
Shelby Blaes			2/2/13 (Husker Invitational) (c) 24.31 2nd		
5000M			2/1/13 (Husker Invitational) (p) 24.28 9th		
1/27/13 (Jimmy Carnes Invite)	(f) 18:59.61	7th	1/19/13 (Auburn Invitational) 23.83 5th		
3000M			1/12/13 (Kentucky Invitational) 23.96 3rd		
1/17/13 (Gator Invitational)	(f) 10:49.67	11th	2/26/12 (C-USA Championships) 23.82 3rd		
1/12/13 (Kentucky Invitational)	(!) 10:51.89	20th	2/25/12 (C-USA Championships) (p) 24.05 5th		
1/22/12 (Gator Invite)	(f) 10:55.48	17th	2/11/12 (Tyson Invitational) 24.19 20th		
Mile			2/4/12 (New Bal. Invitational) 24.32 12th		
1/14/12 (Jimmy Carnes)	(f) 5:33.73	18th	2/4/12 (New Bal. Invitational) (p) 24.12 10th		
Anne-Marie Blaney			3/11/11 (NCAA Indoors) (p) 23.61 15th		
Mile			2/26/11 (C-USA Championships) (f) 23.39 1st		
2/9/13 (Tiger Paw Invitational) (#^!) 5:00.93/4:57.98 (f)		3rd	2/25/11 (C-USA Championships) (fp) 23.67 5th		
3000M			2/12/11 (Tyson Invite) 23.50 7th		
2/23/13 (C-USA Championships) (#^!) 9:43.59	6th		1/29/11 (Penn State National) (!) 23.26 3rd		
1/19/13 (Auburn Invitational) 9:44.58	3rd		1/22/11 (Hokie Invitational) 23.95 4th		
1/12/13 (Kentucky Invitational) 9:53.31	5th		1/15/11 (Kentucky Invitational) 23.65 2nd		
5000M			Lutisha Bowen		
2/23/13 (C-USA Championships) (#!^) 16:41.65	3rd		55H		
1/26/13 (Hokie Invitational) 17:07.74	1st		<i>*2010-12 at Eastern Kentucky</i>		
Dominique Booker			2/5/11 (Middle Tenn. Classic) 8.04 2nd		
60M			2/5/11 (Middle Tenn. Classic) (p) 8.07 2nd		
2/8/13 (Tyson Invite) 7.38 4th			2/26-2/27/10 (OVC Championships) 8.21 5th		
2/8/13 (Tyson Invite) (s) 7.32 4th			2/26-2/27/10 (OVC Championships) (p) 8.02 2nd		
2/8/13 (Tyson Invite) (p) 7.35 3rd			2/6/10 (Middle Tenn. Invitational) 8.21 4th		
2/1/13 (Husker Invitational) (p) 7.39 6th			2/6/10 (Middle Tenn. Invitational) (p) 8.32 6th		
1/19/13 (Auburn Invitational) 7.38 3rd			60H		
1/19/13 (Auburn Invitational) (p) 7.38 4th			3/8/13 (NCAA Indoor Championships) (p) 8.55 15th		
1/12/13 (Kentucky Invitational) 7.36 2nd			2/24/13 (C-USA Championships) 8.27 2nd		
1/12/13 (Kentucky Invitational) (p) 7.34 3rd			2/23/13 (C-USA Championships) (p!) 8.18 1st		
2/26/12 (C-USA Championships) 7.36 2nd			2/8/13 (Tyson Invite) (s) 8.45 12th		
2/25/12 (C-USA Championships) (p) 7.43 4th			2/8/13 (Tyson Invite) (p) 8.33 8th		
2/10/12 (Tyson Invitational) (s) 7.44 11th			2/2/13 (Husker Invitational) 8.36 2nd		
2/10/12 (Tyson Invitational) (p) 7.42 7th					
2/3/12 (New Bal. Invitational) 7.40 8th					
2/3/12 (New Bal. Invitational) (p) 7.36 6th					
1/28/12 (Rod McCravy Memorial) 7.35 1st					
1/28/12 (Rod McCravy Memorial) (p) 7.39 1st					

EDITOR'S KEY

^ = school record
 # = freshman record
 ! = personal record (PR)
 m = meet record
 p = Earned in preliminaries
 s = Earned in semifinals
 c = Earned in consolation event

f = Time converted from flat track to banked time
 P = Earned in pentathlon
 u = Earned in unseeded heat

UCF KNIGHTS TRACK AND FIELD

CAREER INDOOR PERFORMANCES • FINAL 2013

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>	<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
2/1/13 (Husker Invitational)	(p) 8.22	1st	1/15-1/16/10 (Kentucky Invitational)	25.59	30th
1/19/13 (Auburn Invitational)	8.23	2nd	Triple Jump		
1/19/13 (Auburn Invitational)	(p) 8.39	3rd	*2010-12 at Eastern Kentucky		
1/12/13 (Kentucky Invitational)	8.36	1st	2/26-2/27/10 (OVC Championships)	10.84m	9th
1/12/13 (Kentucky Invitational)	(p) 8.27	1st	2/12/10 (Indiana Hoosier Hills)	10.68m	6th
*2010-12 at Eastern Kentucky					
2/25-2/26/11 (OVC Championships)	8.61	1st	Cody Castillo		
2/25-2/26/11 (OVC Championships)	(p) 8.64	1st	800M		
2/11-2/12/11 (Indiana Hoosier Hills)	(p) 8.75	4th	1/22/12 (Gator Invite)	(f) 2:22.07	19th
1/28-1/29/11 (Rod McCravy Memorial)	8.80	14th	1/14/12 (Jimmy Carnes)	(f) 2:28.60	14th
1/28-1/29/11 (Rod McCravy Memorial)	(p) 8.82	13th	Mile		
1/14-1/15/11 (Kentucky Invitational)	8.70	13th	2/24/13 (C-USA Championships)	(!) 5:15.11	22nd
1/14-1/15/11 (Kentucky Invitational)	(p) 8.74	13th	2/9/13 (Tiger Paw)	(f) 5:10.71	28th
3/7/10 (Virginia Tech Qualifier)	(s) 8.69	11th	1/27/13 (Jimmy Carnes Invite)	(f) 5:18.13	10th
3/6/10 (Virginia Tech Qualifier)	(p) 8.72	10th	1/17/13 (Gator Invitational)	(f) 5:19.17	7th
2/12/10 (Indiana Hoosier Hills)	9.96	23rd	2/10/12 (Tiger Paw Invitational)	5:28.23	31st
1/29-1/30/10 (Rod McCravy Memorial)	9.03	18th	1/28/12 (Rod McCravy Memorial)	5:22.61	37th
1/29-1/30/10 (Rod McCravy Memorial)	(p) 8.93	16th	1/14/12 (Jimmy Carnes)	(f) 5:25.36	14th
1/15-1/16/10 (Kentucky Invitational)	(p) 8.75	16th			
55M			Afia Charles		
*2010-12 at Eastern Kentucky			200M		
2/5/11 (Middle Tenn. Classic)	7.20	5th	1/19/13 (Auburn Invitational)	24.56	9th
2/5/11 (Middle Tenn. Classic)	(p) 7.16	5th	300M		
2/26-2/27/10 (OVC Championships)	7.17	5th	1/13/12 (Virginia Tech Invitational)	(!) 38.66	4th
2/26-2/27/10 (OVC Championships)	(p) 7.20	6th	1/21/11 (Hokie Invitational)	38.91	3rd
2/6/10 (Middle Tenn. Invitational)	7.36	6th	400M		
2/6/10 (Middle Tenn. Invitational)	(p) 7.31	6th	2/24/13 (C-USA Championships)	(!^) 54.02	2nd
60M			2/23/13 (C-USA Championships)	54.83	1st
2/24/13 (C-USA Championships)	7.52	7th	2/8/13 (Tyson Invite)	54.53	6th
2/23/13 (C-USA Championships)	(p!) 7.47	5th	2/1/13 (Husker Invitational)	(p) 54.78	1st
1/19/13 (Auburn Invitational)	(p) 7.56	11th	1/26/13 (Hokie Invitational)	54.60	2nd
1/12/13 (Kentucky Invitational)	7.55	5th	1/19/13 (Auburn Invitational)	55.13	3rd
1/12/13 (Kentucky Invitational)	(p) 7.54	6th	1/12/13 (Kentucky Invitational)	54.98	2nd
*2010-12 at Eastern Kentucky			2/26/12 (C-USA Championships)	54.17	1st
2/25-2/26/11 (OVC Championships)	7.73	6th	2/25/12 (C-USA Championships)	(p) 55.00	2nd
2/25-2/26/11 (OVC Championships)	(p) 7.69	6th	2/3/12 (New Bal. Invitational)	(p) 55.08	12th
2/11-2/12/11 (Indiana Hoosier Hills)	(p) 7.72	4th	1/21/12 (Auburn Invitational)	55.66	11th
1/28-1/29/11 (Rod McCravy Memorial)	(p) 7.84	30th	2/26/11 (C-USA Championships)	(f) 56.18	7th
1/14-1/15/11 (Kentucky Invitational)	(p) 7.83	28th	2/25/11 (C-USA Championships)	(fp) 55.62	4th
1/29-1/30/10 (Rod McCravy Memorial)	7.75	12th	2/11/11 (Tyson Invite)	56.15	37th
1/29-1/30/10 (Rod McCravy Memorial)	(p) 7.86	18th	1/29/11 (Penn State National)	56.63	10th
200M			1/15/11 (Kentucky Invitational)	56.24	6th
2/23/13 (C-USA Championships)	(p!) 24.61	12th	Heather Classe		
*2010-12 at Eastern Kentucky			3000M		
3/5/11 (Virginia Tech Qualifier)	25.04	7th	1/17/13 (Gator Invitational)	(f) 10:33.56	7th
2/25-2/26/11 (OVC Championships)	25.32	5th	5000M		
2/25-2/26/11 (OVC Championships)	(p) 25.52	7th	2/23/13 (C-USA Championships)	(!) 17:46.58	13th
2/11-2/12/11 (Indiana Hoosier Hills)	25.22	5th			
2/5/11 (Middle Tenn. Classic)	25.48	5th			
1/28-1/29/11 (Rod McCravy Memorial)	25.29	25th			
1/14-1/15/11 (Kentucky Invitational)	25.81	30th			
2/26-2/27/10 (OVC Championships)	25.29	5th			
2/26-2/27/10 (OVC Championships)	(p) 25.50	7th			
2/12/10 (Indiana Hoosier Hills)	25.25	8th			
2/6/10 (Middle Tenn. Invitational)	25.71	4th			

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Event (Date)	Mark	Place	Event (Date)	Mark	Place
2/8/13 (Tiger Paw Invitational)	(f) 18:02.67	1st	2/1/13 (Husker Invitational)	5.57m/18-03.25	11th
1/27/13 (Jimmy Carnes Invite)	(f) 18:17.57	3rd	1/26/13 (Hokie Invitational)	(!) 5.99m/19-08.00	3rd
Jen Clayton			1/19/13 (Auburn Invitational)	5.58m/18-03.75	13th
60M			1/12/13 (Kentucky Invitational)	5.73m/18-09.75	7th
2/23/13 (C-USA Championships)	(p) 7.78	19th	Octavious Freeman		
1/25/13 (Hokie Invitational)	(p) 8.10	23rd	60M		
1/19/13 (Auburn Invitational)	(p) 7.76	23rd	3/9/13 (NCAA Indoor Championships)	7.16	3rd
1/12/13 (Kentucky Invitational)	(p) 7.68	13th	3/8/13 (NCAA Indoor Championships)	(p) 7.17	3rd
2/10/12 (Tyson Invitational)	(p) 7.77	36th	2/24/13 (C-USA Championships)	7.22	2nd
1/21/12 (Auburn Invitational)	(p!) 7.65	19th	2/23/13 (C-USA Championships)	(p) 7.25	2nd
1/13/12 (Virginia Tech Invitational)	(p) 7.67	14th	2/8/13 (Tyson Invite)	7.20	1st
*2011 at LSU			2/8/13 (Tyson Invite)	(s) 7.21	2nd
2/4-2/5/11 (New Balance Invitational)	7.84	19th	2/8/13 (Tyson Invite)	(p) 7.27	2nd
1/28-1/29/11 (Razorback Invitational)	(p) 7.76	21st	2/2/13 (Husker Invitational)	7.25	1st
1/15/11 (LSU Purple Tiger Invitational)	(p) 7.73	12th	2/1/13 (Husker Invitational)	(p) 7.23	1st
Long Jump			1/19/13 (Auburn Invitational)	(m) 7.19	1st
3/2/13 (Last Chance Meet)	6.20m/20-04.25	2nd	1/19/13 (Auburn Invitational)	(p) 7.25	1st
2/23/13 (C-USA Championships)	6.06m/19-10.75	1st	1/12/13 (Kentucky Invitational)	7.24	1st
2/8/13 (Tyson Invite)	6.00m/19-08.25	3rd	1/12/13 (Kentucky Invitational)	(p) 7.20	1st
1/26/13 (Hokie Invitational)	6.12m/20-01.00	2nd	3/9/12 (NCAA Indoors)	(!#) 7.15	2nd
1/19/13 (Auburn Invitational)	6.05m/19-10.25	3rd	3/9/12 (NCAA Indoors)	(p) 7.23	3rd
1/11/13 (Kentucky Invitational)	5.86m/19-02.75	4th	2/26/12 (C-USA Championships)	7.25	1st
2/25/12 (C-USA Championships)	5.88m/19-03.50	6th	2/25/12 (C-USA Championships)	(p) 7.23	1st
2/10/12 (Tyson Invitational)	5.64m/18-6	15th	2/10/12 (Tyson Invitational)	(f) 7.20	1st
2/3/12 (New Bal. Invitational)	6.03m/19-9.50	8th	2/10/12 (Tyson Invitational)	(s) 7.19	1st
1/21/12 (Auburn Invitational)	5.86m/19-02.75	6th	2/10/12 (Tyson Invitational)	(p) 7.22	1st
1/14/12 (Virginia Tech Invitational)	6.05m/19-10.25	2nd	2/3/12 (New Bal. Invitational)	7.26	3rd
*2011 at LSU			2/3/12 (New Bal. Invitational)	(p) 7.30	3rd
3/4/11 (LSU NCAA Indoor Qualifier)	6.10m/20-0.25	1st	1/21/12 (Auburn Invitational)	7.23	2nd
2/25-2/27/11 (SEC Championships)	6.18m/20-3.50	1st	1/21/12 (Auburn Invitational)	(p) 7.27	2nd
2/18/11 (LSU Twilight)	5.97m/19-7	1st	1/13/12 (Virginia Tech Invitational)	7.27	1st
2/11-2/12/11 (Tyson Invitational)	6.00m/19-8.25	12th	1/13/12 (Virginia Tech Invitational)	(p) 7.37	2nd
2/4-2/5/11 (New Balance Invitational) (!)	6.21m/20-4.50	5th	200M		
1/28-1/29/11 (Razorback Invitational)	6.09m/19-11.75	5th	3/9/13 (NCAA Indoor Championships)	22.87	3rd
1/15/11 (LSU Purple Tiger Invitational)	6.20m/20-4.025	2nd	3/8/13 (NCAA Indoor Championships)	(p!) 22.72	2nd
Alexis Faulknor			2/24/13 (C-USA Championships)	23.35	2nd
60M			2/23/13 (C-USA Championships)	(p) 23.26	2nd
2/24/13 (C-USA Championships)	(!) 7.43	3rd	2/9/13 (Tyson Invitational)	23.42	4th
2/23/13 (C-USA Championships)	(p) 7.49	9th	2/2/13 (Husker Invitational)	23.40	1st
2/2/13 (Husker Invitational)	(c) 7.50	5th	2/1/13 (Husker Invitational)	(p) 23.81	4th
2/1/13 (Husker Invitational)	(p) 7.49	14th	1/19/13 (Auburn Invitational)	23.60	4th
1/25/13 (Hokie Invitational)	7.54	4th	1/12/13 (Kentucky Invitational)	23.79	2nd
1/25/13 (Hokie Invitational)	(p) 7.57	3rd	3/9/12 (NCAA Indoors)	23.18	4th
1/19/13 (Auburn Invitational)	(p) 7.58	14th	3/9/12 (NCAA Indoors)	(p) 23.18	3rd
1/12/13 (Kentucky Invitational)	7.58	7th	2/26/12 (C-USA Championships)	23.54	1st
1/12/13 (Kentucky Invitational)	(p) 7.57	7th	2/25/12 (C-USA Championships)	(p) 23.58	1st
200M			EDITOR'S KEY		
2/24/13 (C-USA Championships)	(!) 24.10	5th	^ = school record		
2/23/13 (C-USA Championships)	(p) 24.21	5th	# = freshman record		
1/12/13 (Kentucky Invitational)	24.51	5th	! = personal record (PR)		
Long Jump			m = meet record		
3/2/13 (Last Chance Meet)	5.79m/19-00.00	12th	p = Earned in preliminaries		
2/23/13 (C-USA Championships)	5.78m/18-11.75	7th	s = Earned in semifinals		
			c = Earned in consolation event		
			f = Time converted from flat track to banked time		
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			u = Earned in unseeded heat		

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Event (Date)	Mark	Place	Event (Date)	Mark	Place
2/11/12 (Tyson Invitational)	23.56	4th	2/25/11 (C-USA Championships)	(!P) 2:28.47	5th
2/4/12 (New Bal. Invitational)	(p) 24.19	13th	1/28/11 (Penn State National)	(P) 2:30.58	7th
1/22/12 (Auburn Invitational)	23.77	6th	High Jump		
1/14/12 (Virginia Tech Invitational)	24.01	3rd	2/25/11 (C-USA Championships)	(P) 1.57m/5-1.75	7th
Kalen Hambrick			1/28/11 (Penn State National)	(P) 1.61m/5-3.25	t8th
Weight Throw			1/15/11 (Kentucky Invitational)	1.66m/5-5.25	11th
2/23/13 (C-USA Championships)	(!) 17.96m/58-11.25	8th	Long Jump		
2/8/13 (Tiger Paw Invite)	17.20m/56-05.25	4th	2/25/11 (C-USA Championships)	(!P) 5.01m/16-5.25	11th
2/1/13 (Husker Invitational)	17.15m/56-03.25	18th	1/28/11 (Penn State National)	(P) 5.00m/16-5.00	11th
1/25/13 (Hokie Invitational)	16.43m/53-11.00	8th	Shot Put		
1/19/13 (Auburn Invitational)	17.23m/56-06.50	6th	2/25/11 (C-USA Championships)	7.57m/24-10.0	16th
1/11/13 (Kentucky Invitational)	17.82m/58-05.75	8th	1/28/11 (Penn State National)	(!P) 8.22m/26-11.75	17th
Alyssa Hamel			Pentathlon		
Mile			2/25/11 (C-USA Championships)	3,220	9th
1/27/13 (Jimmy Carnes Invite)	(f) 5:28.89	18th	1/28/11 (Penn State National)	(!) 3,303	7th
1/17/13 (Gator Invitational)	(f) 5:37.00	16th	Ashley Jocelyn		
Shemael Hamilton			Allison Lampert		
Triple Jump			High Jump		
2/24/13 (C-USA Championships)	11.55m/37-10.75	11th	2/24/13 (C-USA Championships)	(!) 1.68m/5-06.00	6th
2/9/13 (Tiger Paw Invitational)	(!) 11.68m/38-04	8th	2/8/13 (Tiger Paw Invite)	1.65m/5-05	T2nd
2/2/13 (Husker Invitational)	11.34m/37-02.50	13th	1/27/13 (Jimmy Carnes Invite)	1.66m/5-05.25	1st
1/27/13 (Jimmy Carnes Invite)	11.63m/38-02.00	2nd	1/19/13 (Auburn Invitational)	1.62m/5-03.75	T9th
1/17/13 (Gator Invitational)	11.39m/37-04.50	3rd	1/11/13 (Kentucky Invitational)	1.65m/5-05	6th
1/12/13 (Kentucky Invitational)	11.32m/37-01.75	7th	Amanda Leland		
Long Jump			55M		
2/23/13 (C-USA Championships)	5.35m/17-06.75	17th	1/22/12 (Gator Invite)	(!) 7.13	10th
2/8/13 (Tiger Paw Invite)	5.46m/17-11.00	7th	1/22/12 (Gator Invite)	(p) 7.17	10th
1/27/13 (Jimmy Carnes Invite)	5.51m/18-01.00	6th	1/31/10 (Jimmy Carnes)	7.23	8th
1/17/13 (Gator Invitational)	5.49m/18-00.25	3rd	60M		
1/11/13 (Kentucky Invitational)	(!) 5.52m/18-01.50	12th	2/1/13 (Husker Invitational)	(p) 7.64	17th
Teresa Huff			1/25/13 (Hokie Invitational)	7.66	8th
3000M			1/25/13 (Hokie Invitational)	(p) 7.65	7th
1/17/13 (Gator Invitational)	(f) 10:52.49	12th	1/12/13 (Kentucky Invitational)	(p) 7.68	12th
1/28/12 (Rod McCravy Memorial)	(!) 10:56.88	46th	2/26/12 (C-USA Championships)	7.50	6th
1/22/12 (Gator Invite)	(f) 11:02.84	19th	2/25/12 (C-USA Championships)	(p!) 7.47	6th
5000M			2/10/12 (Tiger Paw Invitational)	7.52	3rd
1/27/13 (Jimmy Carnes Invite)	(f) 19:06.93	9th	2/10/12 (Tiger Paw Invitational)	(p) 7.53	2nd
1/14/12 (Jimmy Carnes Invitational)	(f) 18:39.76	5th	1/28/12 (Rod McCravy Memorial)	7.60	7th
Sandy Jean			1/28/12 (Rod McCravy Memorial)	(p) 7.63	9th
60H			1/13/12 (Virginia Tech Invitational)	(p) 7.71	18th
2/25/11 (C-USA Championships)	(P) 9.18	7th	1/23/10 (Carle Classic)	(p) 7.83	18th
1/28/11 (Penn State National Invite)	(!P) 9.06	8th	1/16/10 (Kentucky Invitational)	(p) 7.77	25th
1/15/11 (Kentucky Invitational)	9.08	23rd	200M		
400M			1/26/13 (Hokie Invitational)	25.09	8th
2/8/13 (Tyson Invite)	58.77	61st	EDITOR'S KEY		
1/26/13 (Hokie Invitational)	57.43	10th	^ = school record		
1/19/13 (Auburn Invitational)	58.48	25th	# = freshman record		
1/12/13 (Kentucky Invitational)	57.76	9th	! = personal record (PR)		
1/22/11 (Hokie Invitational)	(!) 56.92	7th	m = meet record		
800M			p = Earned in preliminaries		
			s = Earned in semifinals		
			c = Earned in consolation event		
			f = Time converted from flat track to banked time		
			P = Earned in pentathlon		
			u = Earned in unseeded heat		

UCF KNIGHTS TRACK AND FIELD

CAREER INDOOR PERFORMANCES • FINAL 2013

1/12/13 (Kentucky Invitational)	25.45	16th	Weight Throw		
2/25/12 (C-USA Championships)	(p!) 24.64	12th	2/23/13 (C-USA Championships)	(!^) 19.09m/62-07.75	5th
2/11/12 (Tiger Paw Invitational)	(f) 24.94	11th	2/8/13 (Tiger Paw Invite)	18.38m/60-03.75	2nd
1/28/12 (Rod McCravy Memorial)	25.11	14th	2/1/13 (Husker Invitational)	17.84m/58-06.50	6th
1/14/12 (Virginia Tech Invitational)	25.22	17th	1/25/13 (Hokie Invitational)	18.37m/60-03.25	1st
1/31/10 (Jimmy Carnes)	(f)26.02	20th	1/17/13 (Gator Invitational)	18.34m/60-02	2nd
1/23/10 (Carle Classic)	(f)25.71	22nd	1/11/13 (Kentucky Invitational)	16.82m/55-02.25	10th
1/15/10 (Kentucky Invitational)	25.98	37th	2/25/12 (C-USA Championships)	(#)17.92m/58-09.50	4th

Ne'Ausha Logan

400M			1/28/12 (Rod McCravy Memorial)	16.34m/53.07.50	13th
1/12/13 (Kentucky Invitational)	(!) 56.87	6th	1/20/12 (Auburn Invitational)	16.08m/52-09.25	11th
500M			1/13/12 (Virginia Tech Invitational)	15.44m/50-08	9th

1/12/13 (Kentucky Invitational)	(!) 56.87	6th
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500M		
2/3/12 (New Bal. Invitational)	(!p) 1:17.05	27th

800M		
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2/24/13 (C-USA Championships)	2:09.77	3rd
2/23/13 (C-USA Championships)	(p) 2:10.98	2nd
2/8/13 (Tyson Invite)	(!) 2:09.42	4th
1/26/13 (Hokie Invitational)	2:12.07	3rd
1/19/13 (Auburn Invitational)	2:13.26	8th
2/26/12 (C-USA Championships)	2:12.38	6th
2/25/12 (C-USA Championships)	(p) 2:11.70	4th
2/4/12 (New Bal. Invitational)	2:24.10	65th
1/28/12 (Rod McCravy Memorial)	2:16.42	18th
1/21/12 (Auburn Invitational)	2:17.51	7th
1/14/12 (Virginia Tech Invitational)	2:18.46	3rd
2/25/11 (C-USA Championships)	(f) 2:16.30	13th
2/11/11 (Tyson Invite)	2:21.47	27th
1/30/11 (Jimmy Carnes)	(f) 2:18.46	6th
1/22/11 (Hokie Invitational)	2:18.27	10th

Mile			Weight Throw		
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1/13/12 (Virginia Tech Invitational)	5:20.11	17th
1/15/11 (Kentucky Invitational)	5:22.35	30th

1/13/12 (Virginia Tech Invitational)	5:20.11	17th
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1/15/11 (Kentucky Invitational)	5:22.35	30th
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Rayeisha Lowe-Chin		
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55H		
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1/17/13 (Gator Invitational)	(p!) 8.68	11th
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60H		
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1/12/13 (Kentucky Invitational)	(p!) 9.25	17th
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200M		
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1/12/13 (Kentucky Invitational)	(!) 25.94	23rd
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Brittany McCord		
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Precious Ogunleye		
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Shot Put		
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2/24/13 (C-USA Championships)	(!^) 15.17m/49-09.25	4th
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2/9/13 (Tiger Paw Invitational)	13.00m/42-08	7th
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2/2/13 (Husker Invitational)	13.24m/43-05.25	24th
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1/26/13 (Hokie Invitational)	13.35m/43-09.75	7th
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1/17/13 (Gator Invitational)	13.68m/44-10.75	3rd
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1/12/13 (Kentucky Invitational)	12.72m/41-08.75	14th
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2/26/12 (C-USA Championships)	13.63m/44-08.75	11th
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1/28/12 (Rod McCravy Memorial)	13.19m/43-03.25	19th
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1/20/12 (Auburn Invitational)	(#)14.64m/48-00.50	7th
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1/14/12 (Virginia Tech Invitational)	13.88m/45-06.50	4th
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2/24/13 (C-USA Championships)	(!^) 15.17m/49-09.25	4th
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2/9/13 (Tiger Paw Invitational)	13.00m/42-08	7th
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2/2/13 (Husker Invitational)	13.24m/43-05.25	24th
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1/26/13 (Hokie Invitational)	13.35m/43-09.75	7th
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1/17/13 (Gator Invitational)	13.68m/44-10.75	3rd
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1/12/13 (Kentucky Invitational)	12.72m/41-08.75	14th
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2/26/12 (C-USA Championships)	13.63m/44-08.75	11th
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1/28/12 (Rod McCravy Memorial)	13.19m/43-03.25	19th
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1/20/12 (Auburn Invitational)	(#)14.64m/48-00.50	7th
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1/14/12 (Virginia Tech Invitational)	13.88m/45-06.50	4th
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Megan Patterson

Shot Put		
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2/23/13 (C-USA Championships)	13.33m/43-09	11th
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2/9/13 (Tiger Paw Invitational)	12.64m/41-05.75	9th
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2/2/13 (Husker Invitational)	(!) 13.44m/44-01.25	19th
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1/26/13 (Hokie Invitational)	13.37m/43-10.50	6th
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1/17/13 (Gator Invitational)	13.19m/43-3.25	5th
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1/12/13 (Kentucky Invitational)	12.73m/41-09.25	13th
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Weight Throw		
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2/24/13 (C-USA Championships)	15.77m/51-09	14th
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2/8/13 (Tiger Paw Invite)	15.49m/50-10.00	14th
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1/25/13 (Hokie Invitational)	(!)16.84m/55-03.00	7th
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1/17/13 (Gator Invitational)	16.46m/54-00	5th
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1/11/13 (Kentucky Invitational)	15.97m/52-04.75	12th
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Caroline Pauls		
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Mile		
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1/27/13 (Jimmy Carnes Invite)	(f) 5:22.83	13th
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Christal Peterson		
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60M		
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2/23/13 (C-USA Championships)	(p) 7.45	4th
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2/1/13 (Husker Invitational)	(p) 7.56	15th
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1/25/13 (Hokie Invitational)	7.50	2nd
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1/25/13 (Hokie Invitational)	(p) 7.60	4th
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1/12/13 (Kentucky Invitational)	7.45	5th
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1/12/13 (Kentucky Invitational)	(p) 7.48	5th
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2/26/12 (C-USA Championships)	7.54	7th
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2/25/12 (C-USA Championships)	(p) 7.48	8th
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2/10/12 (Tyson Invitational)	(s) 7.46	1st
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2/10/12 (Tyson Invitational)	(p) 7.48	13th
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2/3/12 (New Bal. Invitational)	(c) 7.51	8th
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2/3/12 (New Bal. Invitational)	(p) 7.45	13th
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1/21/12 (Auburn Invitational)	(p)7.53	11th
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1/13/12 (Virginia Tech Invitational)	(!) 7.44	4th
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1/13/12 (Virginia Tech Invitational)	(p) 7.51	5th
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UCF KNIGHTS TRACK AND FIELD

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200M			1/17/13 (Gator Invitational)	(!f) 2:20.01	10th
2/23/13 (C-USA Championships)	(p) 24.60	11th	1/12/13 (Kentucky Invitational)	2:24.11	17th
1/26/13 (Hokie Invitational)	(!) 24.24	1st			
1/12/13 (Kentucky Invitational)	24.27	4th	Aurieyall Scott		
2/25/12 (C-USA Championships)	(p) 24.82	15th	60M		
2/11/12 (Tyson Invitational)	24.48	33rd	3/9/13 (NCAA Indoor Championships)	(!^) 7.13	1st
2/4/12 (New Bal. Invitational)	(p) 24.73	38th	3/8/13 (NCAA Indoor Championships)	(p) 7.15	1st
1/22/12 (Auburn Invitational)	24.53	15th	2/24/13 (C-USA Championships)	(!^m) 7.13	1st
1/14/12 (Virginia Tech Invitational)	24.49	7th	2/23/13 (C-USA Championships)	(p) 7.20	1st
400m			2/8/13 (Tyson Invite)	(s) 7.20	1st
1/19/13 (Auburn Invitational)	58.06	21st	2/8/13 (Tyson Invite)	(p) 7.24	1st
			2/1/13 (Husker Invitational)	(p) 7.24	2nd
Rachel Petrik			1/12/13 (Kentucky Invitational)	(p) 7.23	2nd
Mile			3/10/12 (NCAA Indoors)	7.20	3rd
1/27/13 (Jimmy Carnes Invite)	(f!) 5:18.82	11th	3/9/12 (NCAA Indoors)	(p!) 7.18	2nd
1/17/13 (Gator Invitational)	(f) 5:22.27	8th	2/10/12 (Tyson Invitational)	(s) 7.30	3rd
			2/10/12 (Tyson Invitational)	(p) 7.41	6th
Destinee Romain			2/3/12 (New Bal. Invitational)	7.27	4th
Shot Put			2/3/12 (New Bal. Invitational)	(p) 7.29	2nd
2/24/13 (C-USA Championships)	(!) 14.06m/46-01.50	7th	1/21/12 (Auburn Invitational)	(p) 7.48	9th
2/9/13 (Tiger Paw Invitational)	12.47m/40-11	11th	3/12/11 (NCAA Indoors)	7.28	7th
2/2/13 (Husker Invitational)	13.18m/43-03	25th	3/11/11 (NCAA Indoors)	7.19	2nd
1/26/13 (Hokie Invitational)	13.72m/45-00.25	5th	2/26/11 (C-USA Championships)	7.24	1st
1/19/13 (Auburn Invitational)	12.00m/39-04.50	11th	2/25/11 (C-USA Championships)	(p) 7.27	1st
1/12/13 (Kentucky Invitational)	12.31m/40-04.75	15th	2/11/11 (Tyson Invite)	(s) 7.35	9th
2/26/12 (C-USA Championships)	12.51m/41-00.50	15th	2/11/11 (Tyson Invite)	(p) 7.30	9th
2/11/12 (Tiger Paw Invitational)	12.48m/40-11.5	6th	1/21/11 (Hokie Invitational)	7.29	4th
1/28/12 (Rod McCravy Memorial)	12.69m/41-07.75	22nd	1/21/11 (Hokie Invitational)	(p) 7.39	4th
1/21/12 (Auburn Invitational)	11.85m/38-10.50	16th	200M		
1/14/12 (Virginia Tech Invitational)	12.07m/39-07.25	11th	3/9/13 (NCAA Indoor Championships)	22.71	2nd
2/26/11 (C-USA Championships)	12.85m/42-2.0	11th	3/8/13 (NCAA Indoor Championships)	(p) 22.97	3rd
2/12/11 (Dick Taylor Invite)	12.93m/42-5.25	2nd	2/24/13 (C-USA Championships)	(m) 22.91	1st
1/29/11 (Penn State National)	12.19m/40-0.0	21st	2/23/13 (C-USA Championships)	(p) 23.28	1st
1/22/11 (Hokie Invitational)	12.29m/40-4.00	12th	2/9/13 (Tyson Invitational)	(!^) 22.68	1st
1/15/11 (Kentucky Invitational)	12.65m/41-6.00	14th	2/1/13 (Husker Invitational)	(pm) 23.14	1st
Weight Throw			1/19/13 (Auburn Invitational)	(m) 23.23	1st
2/23/13 (C-USA Championships)	(!) 18.53m/60-09.50	7th	1/12/13 (Kentucky Invitational)	23.47	1st
2/8/13 (Tiger Paw Invite)	17.21m/56-05.75	3rd	2/11/12 (Tyson Invitational)	23.87	8th
2/1/13 (Husker Invitational)	17.56m/57-07.50	10th	1/14/12 (Virginia Tech Invitational)	23.56	1st
1/25/13 (Hokie Invitational)	18.21m/59-09.00	2nd	3/11/11 (NCAA Indoors)	23.32	8th
1/19/13 (Auburn Invitational)	17.74m/58-02.50	4th	3/11/11 (NCAA Indoors)	(p) 23.16	7th
1/11/13 (Kentucky Invitational)	18.23m/59-09.75	5th	2/26/11 (C-USA Championships)	(f) 23.43	3rd
2/25/12 (C-USA Championships)	16.87m/55-04.25	9th	2/25/11 (C-USA Championships)	(fp) 23.24	1st
2/10/12 (Tiger Paw Invitational)	16.93m/55-6.50	6th	2/12/11 (Tyson Invite)	23.22	3rd
1/28/12 (Rod McCravy Memorial)	16.65m/54-07.50	10th	1/29/11 (Penn State National)	23.17	1st
1/20/12 (Auburn Invitational)	16.72m/54-10.25	8th	1/22/11 (Hokie Invitational)	23.54	1st
1/13/12 (Virginia Tech Invitational)	14.82m/48-07.50	17th	1/15/11 (Kentucky Invitational)	23.35	1st
1/14/11 (Kentucky Invitational)	12.79m/41-11.50	27th	400m		

Akeeba Rose

Mile					
1/17/13 (Gator Invitational)	(f) 6:18.69	19th			

Ebony Rose

800M					
1/27/13 (Jimmy Carnes Invite)	(f) 2:23.59	14th			

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1/19/13 (Auburn Invitational)	55.00	1st	3/9/12 (NCAA Indoors)	6.19m/20-3.75	9th
Erica Weiss			2/25/12 (C-USA Championships)	(!^) 6.32m/20-09.00	1st
Pole Vault			2/3/12 (New Bal. Invitational)	6.11m/20-00.50	7th
2/23/13 (C-USA Championships)	3.59m/11-09.25	7th	1/21/12 (Auburn Invitational)	5.95m/19-06.25	5th
2/8/13 (Tiger Paw Invite)	3.63m/11-10.75	T1st	1/14/12 (Virginia Tech Invitational)	6.01m/19-10.25	4th
1/27/13 (Jimmy Carnes Invite)	3.70m/12-01.50	3rd	3/11/11 (NCAA Indoors)	6.27m/20-7.0	7th
1/17/13 (Gator Invitational)	3.45m/11-03.75	T5th	2/25/11 (C-USA Championships)	5.92m/19-5.25	3rd
2/25/12 (C-USA Championships)	3.66m/12-00	T5th	2/11/11 (Tyson Invite)	5.99m/19-8.0	14th
1/28/12 (Rod McCravy Memorial)	(^!) 3.72m/12-02.50	9th	1/30/11 (Jimmy Carnes)	6.05m/19-10.25	1st
1/21/12 (Auburn Invitational)	3.55m/11-07.75	11th	1/22/11 (Hokie Invitational)	(!^) 6.32m/20-9.0	1st
1/14/12 (Virginia Tech Invitational)	3.60m/11-09.75	8th	2/26/10 (C-USA Championships)	(#) 6.06m/19-10.75	3rd
2/26/11 (C-USA Championships)	3.50m/11-5.75	4th	1/30/10 (Rod McCravy)	4.66m/15-3.50	19th
1/30/11 (Jimmy Carnes)	3.65m/11-11.75	4th	1/23/10 (Carle Classic)	5.73m/18-9.75	3rd
1/14/11 (Kentucky Invitational)	3.25m/10-8.00	12th	1/15/10 (Kentucky Invitational)	5.92m/19-5.25	4th
1/21/11 (Hokie Invitational)	3.40m/11-1.75	7th	Triple Jump		
			2/27/10 (C-USA Championships)	12.04m/39-6.0	10th

Amelia Williams

800M					
1/22/12 (Gator Invite)	(f) 2:21.60	17th			
1/14/12 (Jimmy Carnes)	(f) 2:23.88	10th			
Mile					
2/9/13 (Tiger Paw Invitational)	(f) 5:17.48	45th			
1/27/13 (Jimmy Carnes Invite)	(f) 5:20.25	12th			
1/17/13 (Gator Invitational)	(f) 5:25.61	11th			

Sonnisha Williams

60M					
1/23/10 (Carle Classic)	7.96	20th			
200M					
2/23/13 (C-USA Championships)	(p) 25.32	18th			
2/25/12 (C-USA Championships)	(p!) 24.36	10th			
1/30/11 (Jimmy Carnes)	(f) 24.56	7th			
1/15/11 (Kentucky Invitational)	24.65	9th			
1/23/10 (Carle Classic)	(f) 25.56	27th			
1/16/10 (Kentucky Invitational)	25.47	26th			

High Jump

2/24/13 (C-USA Championships)	1.68m/5-06	T7th			
1/11/13 (Kentucky Invitational)	1.60m/5-03	9th			
2/26/12 (C-USA Championships)	1.67m/5-05.75	8th			
2/10/12 (Tyson Invitational)	1.68m/5-6	3rd			
1/21/12 (Auburn Invitational)	1.67m/5.05.75	13th			
1/14/12 (Virginia Tech Invitational)	1.65m/5-05	T3rd			
2/25/11 (C-USA Championships)	1.62m/5-3.75	12th			
2/12/11 (Tyson Invite)	1.68m/5-6.00	12th			
1/22/11 (Hokie Invitational)	(!) 1.69m/5-6.50	1st			
1/15/11 (Kentucky Invitational)	1.66m/5-5.25	14th			
2/27/10 (C-USA Championships)	1.60m/5-3.0	12th			
1/30/10 (Rod McCravy)	1.58m/5-2.25	t8th			

Long Jump

3/2/13 (Last Chance Meet)	6.00m/19-08.25	9th			
2/23/13 (C-USA Championships)	5.86m/19-02.75	5th			
2/8/13 (Tyson Invite)	5.14m/16-10.50	41st			
2/1/13 (Husker Invitational)	5.69m/18-08	7th			
1/26/13 (Hokie Invitational)	6.18m/20-03.50	1st			
1/19/13 (Auburn Invitational)	5.79m/19-00	9th			
1/11/13 (Kentucky Invitational)	5.89m/19-04	3rd			

Erica Winston

400M					
1/12/13 (Kentucky Invitational)	58.63	12th			
1/22/11 (Hokie Invitational)	(!) 57.28	12th			
800M					
2/23/13 (C-USA Championships)	(!) 2:10.88	4th			
2/23/13 (C-USA Championships)	(p) 2:11.23	4th			
2/8/13 (Tiger Paw Invitational)	(f) 2:13.69				
1/26/13 (Hokie Invitational)	2:16.70	7th			
1/17/13 (Gator Invitational)	(f) 2:12.59	3rd			
2/26/12 (C-USA Championships)	2:16.06	8th			
2/25/12 (C-USA Championships)	(p) 2:13.68	5th			
2/4/12 (New Bal. Invitational)	2:15.03	12th			
1/28/12 (Rod McCravy Memorial)	2:16.50	19th			
1/21/12 (Auburn Invitational)	2:15.34	5th			
1/14/12 (Virginia Tech Invitational)	2:15.80	1st			
2/25/11 (C-USA Championships)	(f) 2:17.43	14th			
2/11/11 (Tyson Invite)	2:15.52	17th			
1/15/11 (Kentucky Invitational)	2:17.07	6th			

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