

# UCF KNIGHTS TRACK AND FIELD

## CAREER ALL INDOOR PERFORMANCES • AS OF MARCH 14, 2010

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>	<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
<b><u>Santrell Atkins</u></b>			1/11/08 (Virginia Tech Invitational) (p)8.32 17th		
<b>55mH</b>			1/26/08 (Tom Jones Memorial) (p)8.27 21st		
1/31/10 (Jimmy Carnes)	8.26	2nd	<b>60mH</b>		
<b>60mH</b>			1/30/09 (PSU National) (!)8.74 4th(P)		
1/16/10 (Kentucky Invitational)	(p)9.22	35th	1/17/08 (Kentucky Invite) 9.01 19th		
<b>200m</b>			2/15/08 (Tyson Invitational) (p)8.86 56th		
1/16/10 (Kentucky Invitational)	27.10	53rd	<b>200m</b>		
<b><u>Taylor Bartolotta</u></b>			1/12/08 (Virginia Tech Invitational) 26.63 24th		
<b><u>Dan'Elle Bellamy</u></b>			<b>Long Jump</b>		
<b>200m</b>			1/24/09 (Tom Jones Memorial) (!)18-7.25/5.67m 5th		
1/31/10 (Jimmy Carnes)	(f!)26.34	25th	1/12/08 (Virginia Tech Invitational) 17-9/5.41m 11th		
1/16/10 (Kentucky Invitational)	26.44	45th	1/26/08 (Tom Jones Memorial) 18-4.25/5.59m 17th		
<b>400m</b>			<b>High Jump</b>		
1/31/10 (Jimmy Carnes)	(f!)1:00.05	15th	1/30/09 (PSU National) 5-0.25/1.58 8th(P)		
1/23/10 (Carle Classic)	(f)1:00.88	11th	1/17/09 (Kentucky Invite) 5-5.25/1.66m 13th		
1/16/10 (Kentucky Invitational)	1:00.96	36th	1/26/08 (Tom Jones Memorial) 5-3/1.60m 12th		
<b><u>Ashley Bolling</u></b>			<b>Pentathlon</b>		
<b>55mH</b>			2/1/08 (Frank Sevigne Invitational) 3,600 8th		
2/7/09 (Jimmy Carnes)	8.91	13th	<b><u>Ocean Cohen</u></b>		
1/24/09 (Tom Jones Memorial)	8.34	17th	<b>3,000m</b>		
<b>60mH</b>			2/27/10 (C-USA Indoor) (f)10:39.51 20th		
2/27/10 (C-USA Indoor)	8.90	7th	2/13/10 (Tyson Invite) (!)10:25.64 18th		
2/26/10 (C-USA Championships)	(p)8.72	8th	1/31/10 (Jimmy Carnes) (f)10:30.50 4th		
1/30/10 (Rod McCravy)	8.86	13th	1/16/10 (Kentucky Invitational) 10:53.65 33rd		
1/30/10 (Rod McCravy)	(p)9.01	17th	2/7/09 (Jimmy Carnes) (f)10:37.79 5th		
1/23/10 (Carle Classic)	8.93	8th	2/23/08 (Dick Taylor Relays) (f)10:37.99 4th		
1/23/10 (Carle Classic)	(p!)8.81	7th	3/1/08 (C-USA Championships) 10:56.16 28th		
1/16/10 (Kentucky Invitational)	(p)9.07	31st	<b>5,000m</b>		
2/27/09 (C-USA Indoor)	(p)8.91	13th	2/26/10 (C-USA Championships) (f)17:53.80 14th		
1/30/09 (PSU National)	8.99	28th(p)	3/1/08 (C-USA Championships) 18:36.93 19th		
<b>200m</b>			<b><u>Jackie Coward</u></b>		
1/16/10 (Kentucky Invitational)	26.34	43rd	<b>60m</b>		
<b>Long Jump</b>			2/13/09 (Tyson Invitational) 7.75 34th		
2/7/09 (Jimmy Carnes)	16-9.25/5.11m	11th	<b>55mH</b>		
1/24/09 (Tom Jones Memorial)	16-10.0/5.13m	13th	1/24/09 (Tom Jones Memorial) 7.83 8th		
<b>Pentathlon</b>			1/24/09 (Tom Jones Memorial) (p+#)7.81 7th		
2/26/10 (C-USA Indoor)	2,837	17th	<b>60mH</b>		
<b><u>Champelle Brown</u></b>			3/12/10 (NCAA Championships) 8.29 14th		
<b>200m</b>			2/27/10 (C-USA Championships) (p+)8.24 1st		
2/13/10 (Tyson Invite)	25.50	78th	2/26/10 (C-USA Championships) (p)8.47 2nd		
1/16/10 (Kentucky Invitational)	25.02	21st	2/12/10 (Tyson Invite) (+)8.39 6th		
<b>400m</b>			2/12/10 (Tyson Invite) (p+)8.32 5th		
2/26/10 (C-USA Championships)	(pf)56.59	10th	1/30/10 (Rod McCravy) (+)8.28 1st		
2/12/10 (Tyson Invite)	58.11	77th	<b>EDITOR'S KEY</b> * = NCAA Automatic Qualifier + = NCAA Provisional Qualifier ^ = school record # = freshman record ! = personal record (PR) m = meet record p = Earned in preliminaries s = Earned in semifinals c = Earned in consolation event f = Time converted from flat track to banked time P = Earned in pentathlon		
1/23/10 (Carle Classic)	(f)58.04	6th			
1/16/10 (Kentucky Invitational)	56.32	12th			
<b><u>Sheree Carter</u></b>					
<b>55mH</b>					

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<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
1/30/10 (Rod McCravy)	(p+)8.30	1st
1/23/10 (Carle Classic)	(+)8.27	2nd
1/23/10 (Carle Classic)	(p+)8.31	2nd
1/16/10 (Kentucky Invitational)	(+)8.39	6th
1/16/10 (Kentucky Invitational)	(p)8.54	10th
3/14/09 (NCAA Indoors)	8.34	7th
3/13/09 (NCAA Indoors)	8.27	1st(p)
3/7/09 (Virginia Tech Last Chance)	(+)8.30	1st(p)
2/28/09 (C-USA Indoor)	(+)8.31	3rd
2/27/09 (C-USA Indoor)	(p+ms)#8.19	1st
2/14/09 (Tyson Invitational)	(+)8.33	t-4th
2/13/09 (Tyson Invitational)	(+)8.37	7th(p)
1/30/09 (PSU National)	(+)8.28	4th
1/30/09 (PSU National)	(+)8.25	4th(s)
1/30/09 (PSU National)	8.45	6th(p)
1/17/09 (Kentucky Invitational)	(+)8.38	5th
1/17/09 (Kentucky Invitational)	8.47	6th(p)
<b>200m</b>		
1/30/10 (Rod McCravy)	25.09	12th
1/15/10 (Kentucky Invitational)	24.75	14th
2/27/09 (C-USA Indoor)	(p)24.54	6th
1/31/09 (PSU National)	(!)24.39	6th
1/17/09 (Kentucky Invitational)	24.83	15th
<b>Carley Dart</b>		
<b>600m</b>		
1/23/10 (Carle Classic)	(f)1:37.65	5th
<b>800m</b>		
2/26/10 (C-USA Championships)	(fp)2:15.01	10th
2/12/10 (Tyson Invite)	(!)2:14.13	4th
1/31/10 (Jimmy Carnes)	(f)2:14.76	3rd
2/14/09 (UNC Invitational)	2:21.44	7th
2/7/09 (Jimmy Carnes)	(f)5:24.53	9th
<b>Mile</b>		
2/13/09 (UNC Invitational)	5:30.79	30th
<b>April Downey</b>		
<b>Jessica Francis</b>		
<b>Shot Put</b>		
2/27/10 (C-USA Indoor)	(!)42-4.25/12.91m	9th
2/13/10 (Tyson Invite)	41-0.25/12.50m	25th
1/16/10 (Kentucky Invitational)	41-1.51/12.53m	24th
3/1/08 (C-USA Championships)	41-4.25/12.6m	12th
2/23/08 (Dick Taylor Relays)	41-3.75/12.59m	6th
2/16/08 (Chick Fil-A Classic)	41-8.5/12.71m	8th
1/12/08 (Virginia Tech Invitational)	39-7/12.06m	20th
<b>Weight Throw</b>		
2/26/10 (C-USA Indoor)	50-2.75/15.31m	13th
2/13/10 (Tyson Invite)	49-3.0/15.01m	24th
1/15/10 (Kentucky Invitational)	(!)51-7.75/15.74m	24th
2/13/09 (UNC Invitational)	47-4.25/14.43m	9th
1/30/09 (PSU National)	49-8.25/15.14m	14th

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
1/24/09 (Tom Jones Memorial)	51-3.75/15.64m	6th
1/16/09 (Kentucky Invitational)	48-8.25/14.8m	16th
2/29/08 (C-USA Championships)	49-7.25/15.12m	13th
2/23/08 (Dick Taylor Relays)	50-6/15.40m	2nd
2/16/08 (Chick Fil-A Classic)	47-6/14.49m	4th
1/11/08 (Virginia Tech Invitational)	40-2/12.24m	20th
<b>Alyssa Franks</b>		
<b>Mile</b>		
2/26/10 (C-USA Championships)	(f)5:21.58	12th
2/12/10 (Tyson Invite)	5:25.83	18th
1/31/10 (Jimmy Carnes)	(f!)5:21.10	14th
1/16/10 (Kentucky Invitational)	5:37.17	47th
<b>Aisha-Maree Frazier</b>		
<b>400m</b>		
2/26/10 (C-USA Championships)	(fp)57.59	20th
2/12/10 (Tyson Invite)	57.28	61st
1/31/10 (Rod McCravy)	58.07	16th
1/16/10 (Kentucky Invitational)	1:01.22	37th
2/27/09 (C-USA Indoor)	(pf)56.64	9th
2/13/09 (Tyson Invitational)	56.17	18th
1/31/09 (PSU National)	(!)55.67	4th
1/24/09 (Tom Jones Memorial)	(f)58.05	13th
1/17/09 (Kentucky Invitational)	57.94	17th
<b>Mason Gardberg</b>		
<b>3000m</b>		
1/31/10 (Jimmy Carnes)	11:49.98	17th
<b>Jacqueline Gilchrist</b>		
<b>60mH</b>		
2/13/09 (UNC Invitational)	9.22	18th
<b>60m</b>		
1/30/10 (Rod McCravy)	8.05	31st
<b>Triple Jump</b>		
2/27/10 (C-USA Championships)	38-4.25/11.69m	6th
<b>Long Jump</b>		
2/26/10 (C-USA Indoor)	18-10.75/5.76m	9th
2/12/10 (Tyson Invite)	(!)19-2.0/5.84m	10th
1/30/10 (Rod McCravy)	19-1.25/5.82m	3rd
1/23/10 (Carle Classic)	18-10.0/5.74m	2nd
1/16/10 (Kentucky Invitational)	18-6.0/5.64m	9th
2/27/09 (C-USA Indoor)	18-5.25/5.62m	10th
2/13/09 (UNC Invitational)	18-1.50/5.52m	2nd

### EDITOR'S KEY

\* = NCAA Automatic Qualifier  
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 p = Earned in preliminaries

s = Earned in semifinals  
 c = Earned in consolation event  
 f = Time converted from flat track to banked time

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<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
2/7/09 (Jimmy Carnes)	17-9.0/5.41m	4th
1/24/09 (Tom Jones)	17-9.0/5.41m	9th
<b>Pentathlon</b>		
2/27/09 (C-USA Indoor)	(!)3227	7th

### Tiki James

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
<b>55mH</b>		
2009		
1/24/09 (Tom Jones Memorial)	(+^!)7.7	4th
1/24/09 (Tom Jones Memorial)	(p)7.80	7th

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
<b>60mH</b>		
2/27/10 (C-USA Championships)	(+)8.25	2nd
2/26/10 (C-USA Championships)	(p+)8.22	1st
2/12/10 (Tyson Invite)	(+)8.21	2nd
2/12/10 (Tyson Invite)	(p+)8.32	6th
1/30/10 (Rod McCravy)	(+)8.19	1st
1/30/10 (Rod McCravy)	(p+)8.30	1st
1/16/10 (Kentucky Invitational)	(+)8.22	4th
1/16/10 (Kentucky Invitational)	(p+)8.27	3rd
3/14/09 (NCAA Indoors)	8.20	5th
3/13/09 (NCAA Indoors)	8.27	3rd(p)
3/7/09 (Virginia Tech Last Chance)	8.23	4th
3/7/09 (Virginia Tech Last Chance)	(+^!)8.17	3rd(s)
3/7/09 (Virginia Tech Last Chance)	(+)8.34	4th(p)
2/28/09 (C-USA Indoor)	(+)8.24	2nd
2/27/09 (C-USA Indoor)	(+)8.31	3rd(p)
2/14/09 (Tyson Invitational)	(+)8.33	t-4th
2/13/09 (Tyson Invitational)	(+)8.29	3rd(p)
1/30/09 (PSU National)	(+)8.25	3rd
1/30/09 (PSU National)	(+)8.33	6th(s)
1/30/09 (PSU National)	(+)8.39	4th(p)
1/17/09 (Kentucky Invitational)	(+)8.30	3rd
1/17/09 (Kentucky Invitational)	(+)8.41	3rd

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
<b>60m</b>		
2/26/10 (C-USA Championships)	(p)7.52	10th
1/30/10 (Rod McCravy)	(p)7.71	9th
1/23/10 (Carle Classic)	(!)7.61	5th
1/23/10 (Carle Classic)	(p)7.65	9th

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
<b>200m</b>		
1/23/10 (Carle Classic)	(f!)25.28	15th
1/15/10 (Kentucky Invitational)	25.35	24th

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
<b>Long Jump</b>		
2/26/10 (C-USA Indoor)	18-3.0/5.56m	11th
2/27/09 (C-USA Indoor)	18-5.75/5.63m	9th
1/30/09 (PSU National)	19-0.75/5.81m	9th
1/24/09 (Tom Jones Memorial)	18-0.25/5.67m	7th
1/17/09 (Kentucky Invitational)	18-9.25/5.72m	5th

### Jaclyn Johnson

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
<b>800m</b>		
1/11/08 (Virginia Tech Invitational)	2:27.19	10th

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
<b>Mile Run</b>		
1/31/10 (Jimmy Carnes)	(f)6:00.51	26th

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
2/23/08 (Dick Taylor Relays)	(f)5:35.83	9th
<b>1,000m</b>		
1/12/08 (Virginia Tech Invitational)	3:16.45	31st

### Ashley Kirkpatrick

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
<b>Weight Throw</b>		
2/26/10 (C-USA Indoor)	(!)50-2.0/15.29m	14th
1/15/10 (Kentucky Invitational)	43-7.25/13.29m	32nd
1/24/09 (Tom Jones)	44-8.25m/13.62m	9th
1/16/09 (Kentucky Invitational)	41-0.50/12.51m	31st
2/1/08 (Frank Sevigne Invitational)	41-7.25/12.68m	7th

### Amanda Leland

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
<b>55m</b>		
1/31/10 (Jimmy Carnes)	7.23	8th
<b>60m</b>		
1/23/10 (Carle Classic)	(p)7.83	18th
1/16/10 (Kentucky Invitational)	(p)7.77	25th
<b>200m</b>		
1/31/10 (Jimmy Carnes)	(f)26.02	20th
1/23/10 (Carle Classic)	(f!)25.71	22nd
1/15/10 (Kentucky Invitational)	25.98	37th

### Brittany McCord

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
<b>Sheila Paul</b>		
<b>55m</b>		
1/24/09 (Tom Jones Memorial)	(!#)7.11	24th(p)
<b>60m</b>		
2/27/10 (C-USA Indoor)	7.50	6th
2/26/10 (C-USA Championships)	(p)7.49	8th
2/12/10 (Tyson Invite)	(p)7.54	29th
1/31/10 (Jimmy Carnes)	7.48	2nd
1/31/10 (Jimmy Carnes)	(p)7.53	3rd
1/23/10 (Carle Classic)	7.55	2nd
1/23/10 (Carle Classic)	(p)7.52	1st
3/7/09 (Virginia Tech Last Chance)	7.41	3rd
3/7/09 (Virginia Tech Last Chance)	7.45	4th(s)
3/7/09 (Virginia Tech Last Chance)	7.46	4th(p)
2/28/09 (C-USA Indoor)	7.44	1st
2/27/09 (C-USA Indoor)	(p+^#)7.40	1st
2/13/09 (Tyson Invitational)	7.51	5th(c)
2/13/09 (Tyson Invitational)	7.57	14th(p)
1/30/09 (PSU National)	7.54	6th
1/30/09 (PSU National)	(!#^)7.49	4th(s)

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<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>	<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
1/30/09 (PSU National)	7.56	7th(p)	<b>800m</b>		
1/17/09 (Kentucky Invitational)	7.56	10th	1/29/10 (Rod McCravy)	(P!)2:32.28	2nd
1/17/09 (Kentucky Invitational)	7.59	14th(p)	<b>Long Jump</b>		
<b>200m</b>			1/29/10 (Rod McCravy)	(P!)17-9.75/5.43m	2nd
2/26/10 (C-USA Championships)	(pf)24.37	12th	1/23/10 (Carle Classic)	16-1.0/4.90m	21st
2/13/10 (Tyson Invite)	(!)24.21	24th	1/16/10 (Kentucky Invitational)	16-9.25/5.11m	31st
1/30/10 (Rod McCravy)	24.67	4th	<b>High Jump</b>		
2/28/09 (C-USA Indoor)	(f)24.74	6th	1/29/10 (Rod McCravy)	(P!)5-3.75/1.62m	2nd
2/27/09 (C-USA Indoor)	(fp)24.54	6th	1/23/10 (Carle Classic)	5-3.0/1.60m	4th
2/14/09 (Tyson Invitational)	24.33	15th	<b>Shot Put</b>		
1/31/09 (PSU National)	24.33	5th	1/29/10 (Rod McCravy)	(P!)38-2.75/11.65m	1st
1/17/09 (Kentucky Invitational)	24.61	10th	1/23/10 (Carle Classic)	38-2.25/11.64m	10th
<b>400m</b>			<b>Pentathlon</b>		
2/7/09 (Jimmy Carnes)	(f)1:03.21	15th	2/26/10 (C-USA Indoor)	3,426	8th
<b>Eva Pierce</b>			1/29/10 (Rod McCravy)	(!)3,576	2nd
<b>Jackie Potter</b>			<b>Kathia Skinner</b>		
<b>Jamie Rzepecki</b>			<b>Mile</b>		
<b>Mile</b>			2/28/09 (C-USA Indoor)	(f)5:27.34	21st
2/13/09 (UNC Invitational)	5:27.14	24th	<b>800m</b>		
1/24/09 (Tom Jones Memorial)	(!)5:17.52	13th	2/12/10 (Tyson Invite)	2:19.85	17th
<b>3,000m</b>			1/31/10 (Jimmy Carnes)	(f)2:19.99	8th
2/28/09 (C-USA Indoor)	10:26.64	17th	1/23/10 (Carle Classic)	(f)2:24.17	7th
2/13/09 (UNC Invitational)	(!)10:23.61	4th	2/13/09 (UNC Invitational)	(!)2:18.23	5th
2/7/09 (Jimmy Carnes)	10:27.72	1st	2/7/09 (Jimmy Carnes)	2:20.37	3rd
1/17/09 (Kentucky Invitational)	10:39.13	29th	1/24/09 (Tom Jones Memorial)	(f)2:19.03	10th
3/1/08 (C-USA Championships)	10:26.75	21st	1/17/09 (Kentucky Invitational)	2:20.28	13th
2/16/08 (Chick Fil-A Classic)	(f)10:30.22	5th	<b>Katrina Skinner</b>		
1/26/08 (Tom Jones Memorial)	10:19.62	19th	<b>Mile</b>		
<b>5,000m</b>			2/27/10 (C-USA Indoor)	(f)5:28.81	14th
2/27/09 (C-USA Indoor)	18:40.94	18th	2/12/10 (Tyson Invite)	5:18.15	15th
2/29/08 (C-USA Championships)	18:14.04	15th	1/31/10 (Jimmy Carnes)	(f!)5:16.38	11th
2/1/08 (Frank Sevigne Invitational)	18:06.22	9th	2/7/09 (Jimmy Carnes)	(f)5:18.79	4th
<b>Samantha Shields</b>			1/17/09 (Kentucky Invitational)	(!)5:16.94	19th
<b>55m</b>			<b>800m</b>		
1/11/08 (Virginia Tech Invitational)	(p)7.49	33rd	2/27/09 (C-USA Indoor)	(fp)2:16.41	13th
<b>60mH</b>			2/14/09 (Tyson Invitational)	(!)2:14.06	18th
1/29/10 (Rod McCravy)	(P!)9.37	2nd	1/31/09 (PSU National)	2:17.25	14th
1/16/10 (Kentucky Invitational)	(p)9.44	44th	1/24/09 (Tom Jones Memorial)	(f)2:15.82	5th
<b>200m</b>			<b>Tomika Story</b>		
1/23/10 (Carle Classic)	(f)26.43	28th	<b>60m</b>		
2/16/08 (Chick Fil-A Classic)	(f)26.79	31st	2/26/10 (C-USA Championships)	(p)7.93	23rd
1/12/08 (Virginia Tech Invitational)	26.68	30th	1/30/10 (Rod McCravy)	(p)8.08	32nd
<b>400m</b>					
2/7/09 (Jimmy Carnes)	(f)1:01.49	14th	<b>EDITOR'S KEY</b>		
1/24/09 (Tom Jones Memorial)	(f)1:02.27	30th	* = NCAA Automatic Qualifier	s = Earned in semifinals	
2/29/08 (C-USA Championships)	(p)1:02.15	26th	+ = NCAA Provisional Qualifier	c = Earned in consolation event	
2/16/08 (Chick Fil-A Classic)	(!f)59.85	13th	^ = school record	f = Time converted from flat track to banked time	
2/1/08 (Frank Sevigne Invitational)	(p)1:00.83	31st	# = freshman record		
1/12/08 (Virginia Tech Invitational)	1:03.02	23rd	! = personal record (PR)		
			m = meet record		
			p = Earned in preliminaries		

# UCF KNIGHTS TRACK AND FIELD

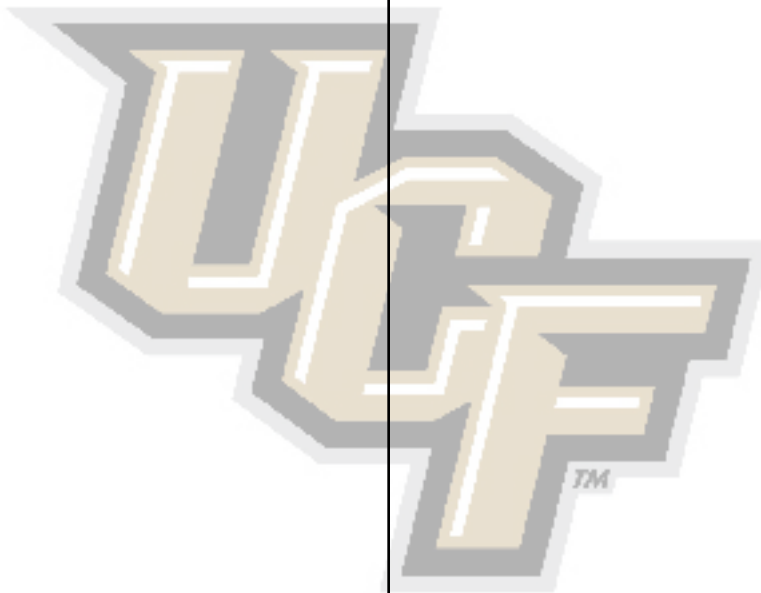
## CAREER ALL INDOOR PERFORMANCES • AS OF MARCH 14, 2010

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>	<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
1/23/10 (Carle Classic)	7.98	28th	<b>Sonnisha Williams</b>		
<b>Long Jump</b>			<b>60m</b>		
2/26/10 (C-USA Indoor)	18-1.0/5.51m	12th	1/23/10 (Carle Classic)	7.96	20th
1/23/10 (Carle Classic)	(!)18-5.75/5.63m	5th	<b>200m</b>		
1/16/10 (Kentucky Invitational)	17-4.75/5.30m	25th	1/23/10 (Carle Classic)	(f)25.56	27th
<b>Triple Jump</b>			1/16/10 (Kentucky Invitational)	25.47	26th
2/27/10 (C-USA Indoor)	(!)41-4.50/12.61m	3rd	<b>High Jump</b>		
2/13/10 (Tyson Invite)	40-7.0/12.37m	7th	2/27/10 (C-USA Indoor)	5-3.0/1.60m	12th
1/29/10 (Rod McCravy)	39-10.5/12.15	2nd	1/30/10 (Rod McCravy)	5-2.25/1.58M	t8th
1/23/10 (Carle Classic)	39-8.25/12.11m	5th	<b>Long Jump</b>		
1/16/10 (Kentucky Invitational)	39-7.25/12.07m	4th	2/26/10 (C-USA Indoor)	(!#)19-10.75/6.06m	3rd
<b>LaKendra Thames</b>			1/30/10 (Rod McCravy)	15-3.50/4.66M	19th
<b>Weight Throw</b>			1/23/10 (Carle Classic)	18-9.75/5.73m	3rd
2/26/10 (C-USA Indoor)	59-8.50/18.20m	3rd	1/15/10 (Kentucky Invitational)	19-5.25/5.92M	4th
2/13/10 (Tyson Invite)	58-3.25/17.76m	8th	<b>Triple Jump</b>		
1/29/10 (Rod McCravy)	(^!)61-5.50/18.83m	7th	2/27/10 (C-USA Indoor)	39-6.0/12.04m	10th
1/23/10 (Carle Classic)	16.57m/54-4.50	4th	<b>Micaela Wimberly</b>		
1/15/10 (Kentucky Invitational)	52-8.75/16.07m	18th	<b>60m</b>		
2/27/09 (C-USA Indoor)	52-4.75/15.97m	10th	2/29/08 (C-USA Championships)	(p)7.74	18th
2/13/09 (UNC Invitational)	53-8.50/16.37m	3rd	<b>55mH</b>		
1/30/09 (PSU National)	57-7.75/17.57m	6th	1/31/10 (Jimmy Carnes)	8.08	1st
1/24/09 (Tom Jones)	54--5.25	4th	1/26/08 (Tom Jones Memorial)	(p)8.22	18th
1/16/09 (Kentucky Invitational)	53-10.5	9th	1/26/08 (Tom Jones Memorial)	8.15	14th
<b>Shot Put</b>			1/11/08 (Virginia Tech Invitational)	(p)8.88	41st
2/27/10 (C-USA Indoor)	48-2.0/14.68m	2nd	<b>60mH</b>		
2/13/10 (Tyson Invite)	48-6.0/14.78m	9th	2/27/10 (C-USA Indoor)	(i)8.49	4th
1/30/10 (Rod McCravy)	(!^)48-10.75/14.90m	8th	2/26/10 (C-USA Indoor)	(p)8.67	4th
1/23/10 (Carle Classic)	46-0.5/14.03m	4th	2/12/10 (Tyson Invite)	(p)8.71	33rd
1/16/10 (Kentucky Invitational)	46-2.0/14.07m	13th	1/23/10 (Carle Classic)	8.79	7th
2/28/09 (C-USA Indoor)	41-5.25/12.63m	12th	1/23/10 (Carle Classic)	(p)8.29	1st
2/13/09 (UNC Invitational)	42-11.75/13.10m	4th	1/16/10 (Kentucky Invitational)	8.82	(p)21st
2/7/09 (Jimmy Carnes)	38-1.25/11.61m	6th	2/28/09 (C-USA Indoor)	8.67	5th
1/31/09 (PSU National)	44-0.75/13.43	t16th	2/27/09 (C-USA Indoor)	(p)8.69	5th
1/24/09 (Tom Jones)	41-8.75/12.72m	6th	1/30/09 (PSU National)	8.61	11th(s)
<b>Erica Weiss</b>			1/30/09 (PSU National)	8.52	10th(p)
<b>Pole Vault</b>			1/17/09 (Kentucky Invitational)	8.56	7th
2/26/10 (C-USA Indoor)	10-8.0/3.25m	10th	1/17/09 (Kentucky Invitational)	8.81	16th(p)
<b>Erica Weitz</b>			3/1/08 (C-USA Championships)	8.73	3rd
<b>Mile</b>			2/29/08 (C-USA Championships)	(p)8.86	8th
2/16/08 (Chick Fil-A Classic)	(f)5:37.83	27th	2/15/08 (Tyson Invitational)	(p)8.89	57th
<b>3,000m</b>			<b>200m</b>		
1/16/10 (Kentucky Invitational)	10:52.92	32nd	2/26/10 (C-USA Championships)	(pf)24.92	18th
2/28/09 (C-USA Indoor)	10:41.88	22nd	1/31/10 (Jimmy Carnes)	(f)25.64	15th
2/7/09 (Jimmy Carnes)	(!)10:30.08	3rd	1/23/10 (Carle Classic)	(f!)24.81	8th
1/24/09 (Tom Jones Memorial)	10:39.84	9th	<b>EDITOR'S KEY</b>		
1/17/09 (Kentucky Invitational)	10:43.11	34th	* = NCAA Automatic Qualifier	s = Earned in semifinals	
2/23/08 (Dick Taylor Relays)	(f)10:43.56	6th	+ = NCAA Provisional Qualifier	c = Earned in consolation event	
1/26/08 (Tom Jones Memorial)	10:52.43	31st	^ = school record	f = Time converted from flat track to banked time	
<b>5000m</b>			# = freshman record	P = Earned in pentathlon	
2/27/09 (C-USA Indoor)	(!)18:23.05	16th	! = personal record (PR)		
			m = meet record		
			p = Earned in preliminaries		

# UCF KNIGHTS TRACK AND FIELD

## CAREER ALL INDOOR PERFORMANCES • AS OF MARCH 14, 2010

<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>	<u>Event (Date)</u>	<u>Mark</u>	<u>Place</u>
1/16/10 (Kentucky Invitational)	25.59	30th			
2/27/09 (Micaela Wimberly)	(fp)25.57	17th			
1/24/09 (Tom Jones Memorial)	(f)25.46 (25.36)	17th			
1/17/09 (Kentucky Invitational)	(!)25.20	20th			
1/12/08 (Virginia Tech Invitational)	26.13	21st			
<b>Triple Jump</b>					
2/27/10 (C-USA Indoor)	36-5.00/11.10m	8th			
2/28/09 (C-USA Indoor)	(!)38-9.50/11.82m	11th			
1/31/09 (PSU National)	(!)38-9.50/11.82m	8th			
2/16/08 (Tyson Invitational)	37.8.50/11.49m	27th			
3/1/08 (C-USA Championships)	37-9.50/11.52m	15th			



### EDITOR'S KEY

\* = NCAA Automatic Qualifier  
 + = NCAA Provisional Qualifier  
 ^ = school record  
 # = freshman record  
 ! = personal record (PR)  
 m = meet record  
 p = Earned in preliminaries

s = Earned in semifinals  
 c = Earned in consolation event  
 f = Time converted from flat track to banked time