

UCF KNIGHTS TRACK AND FIELD

2010 TOP OUTDOOR MARKS • FINAL

<u>Mark</u>	<u>Athlete</u>	<u>Place</u>	<u>Meet</u>	<u>Mark</u>	<u>Athlete</u>	<u>Place</u>	<u>Meet</u>
100m (SR: 11.51; FR: 11.51)				10,000m (SR: 35:08.01; FR: 35:41.00)			
11.36 (+2.4!w)	Sheila Paul	4th	C-USA Outdoor	19:58.44	Mason Gardberg	8th	UCF Invite
11.96 (+2.2)wp	Tiki James	12th	C-USA Outdoor	36:20.88	Ocean Cohen	19th	Penn Relays
12.40 (+1.3)p	Tomika Story	18th	C-USA Outdoor	3,000m SC (SR: 10:50.27; FR: 10:58.72)			
12.49 (-1.2)	Amanda Leland	16th	UCF Invite	11:02.66!	Jamie Rzepecki	13th	Florida Relays
12.66 (-1.9)	Sonnisha Williams	8th	Black & Gold	11:54.59!	Mason Gardberg	15th	C-USA Outdoor
12.68w (+3.6)w	Jacquelyn Gilchrist	9th	Black & Gold	4x100m Relay (SR: 45.05)			
100mH (SR: 13.03; FR: 13.51)				45.05^	UCF 'A'	2nd	C-USA Outdoor (James, Coward, Wimberly, Paul)
12.99 (+3.9)!w	Jackie Coward	1st	C-USA Outdoor	4x200m Relay (SR: 1:36.34)			
13.19 (+3.9)w	Tiki James	2nd	C-USA Outdoor	1:36.47	UCF 'A'	8th	Florida Relays (Wimberly, Coward, Brown, Williams)
13.69 (+3.9)w	Micaela Wimberly	3d	C-USA Outdoor	Sprint Medley (SR: 3:53.16)			
14.16 (+3.9)!w	Ashley Bolling	8th	C-USA Outdoor	3:53.68	UCF 'A'	2nd	Florida Relays (Paul, Brown, Frazier, Dart)
14.39 (+0.6)!	Santrell Atkins	6th	Tom Jones	4x400m Relay (SR: 3:40.31)			
15.31 (-0.8)p	Samantha Shields	9th	Tom Jones	3:43.17	UCF 'A'	5th	C-USA Outdoor (Brown, Coward, Dart, Frazier)
200m (SR: 23.88; FR: 23.88)				Pole Vault (SR: 12-5.50)			
23.88 (+1.7)^!p	Sheila Paul	5th	C-USA Outdoor	11-0.75/3.27m!	Erica Weiss	15th	Tom Jones
24.71 (+2.0)!pw	Champelle Brown	18th	C-USA Outdoor	Long Jump (SR: 20-0.25; FR: 19-6.25)			
25.02 (+0.3)	Micaela Wimberly	21st	C-USA Outdoor	20-6.25/6.25m (+2.0)^#!	Sonnisha Williams	2nd	NCAA East
25.93 (-0.2)	Ashley Bolling	18th	Tom Jones	19-9.75/6.04m (+1.9)!	Jacquelyn Gilchrist	6th	C-USA Outdoor
25.98 (+1.6)	Amanda Leland	18th	Black & Gold	18-11.25/5.77m	Tomika Story	3rd	UCF Twilight
26.33 (-2.1)	Samantha Shields	19th	Black & Gold	17-2.75/5.25m (-1.8)	Samantha Shields	8th	Tom Jones
26.61 (-2.1)	Dan'Elle Bellamy	22nd	Black & Gold	16-11.50/5.17m	Ashley Bolling	5th	UCF Twilight
400m (SR: 53.90; FR: 57.48)				High Jump (SR: 5-11.25; FR: 5-10.75)			
55.34!	Champelle Brown	3rd	Black & Gold	5-4.5/1.64m!	Sonnisha Williams	t5th	C-USA Outdoor
56.26!	Jackie Coward	5th	Black & Gold	5-3.25/1.61mH	Samantha Shields	t5th	C-USA Outdoor
56.28!p	Aisha-Maree Frazier	12th	C-USA Outdoor	Triple Jump (SR: 43-5.75; FR: 40-10.5)			
57.46!p	Sonnisha Williams	18th	C-USA Outdoor	40-9.0/12.42m (+0.0)!	Tomika Story	4th	C-USA Outdoor
59.35	Eva Pierce	8th	Black & Gold	38-8.75/11.80m (+0.5)!	Jacquelyn Gilchrist	11th	C-USA Outdoor
1:00.03	Dan'Elle Bellamy	10th	Black & Gold	37-10.75/11.55m (-0.5)	Sonnisha Williams	2nd	UCF Invite
1:05.23	Amanda Leland	14th	Black & Gold	Shot Put (SR: 51-4.25; FR: 46-5.25)			
400mH (SR: 58.92; FR: 59.27)				51-4.25/15.65m^!	LaKendra Thames	2nd	C-USA Outdoor
59.11	Jackie Coward	1st	UCF Invite	44-11.0/13.69m!	Jessica Francis	5th	C-USA Outdoor
59.20!	Aisha-Maree Frazier	1st	C-USA Outdoor	41-1.0/12.52m!H	Samantha Shields	1st	C-USA Outdoor
800m (SR: 2:06.96; FR: 2:12.02)				Hammer (SR: 192-3; FR: 150-1)			
2:08.92!	Carley Dart	3rd	Tom Jones	172-4/52.54m!	LaKendra Thames	3rd	UCF Invite
2:21.53	Kathia Skinner	3rd	Black & Gold	EDITOR'S KEY			
2:36.76H	Samantha Shields	10th	C-USA Outdoor	+ = NCAA Regional Qualifier	p = Earned in preliminaries		
1,500m (SR: 4:33.61; FR: 4:40.15)				^ = school record	s = Earned in semifinals		
4:37.71!	Carley Dart	3rd	UCF Invite	# = freshman record	c = Earned in consolation event		
4:56.91	Jamie Rzepecki	10th	UCF Invite	! = personal record (PR)	H = Earned in heptathlon		
5:17.74	Alyssa Franks	41st	Florida Relays	m = meet record	w = wind-aided		
5:35.28	Jaclyn Johnson	13th	Black & Gold				
3,000m (SR: 10:13.59; FR: 10:13.59)							
10:18.14	Ocean Cohen	5th	Tom Jones				
10:23.09	Erica Weitz	6th	Tom Jones				
5,000m (SR: 17:03.50; FR: 17:22.74)							
17:42.47!	Erica Weitz	18th	C-USA Outdoor				
17:57.14!	Ocean Cohen	22nd	Florida Relays				
18:10.27!	Jamie Rzepecki	23rd	C-USA Outdoor				

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160-9/48.99m!	Ashley Kirkpatrick	18th	C-USA Outdoor
152-4/46.43m	Jessica Francis	3rd	Black & Gold

Discus (SR: 174-4; FR: 160-3)

174-4/53.14m^!	LaKendra Thames	2nd	C-USA Outdoor
152-11/46.62m	Jessica Francis	4th	Black & Gold

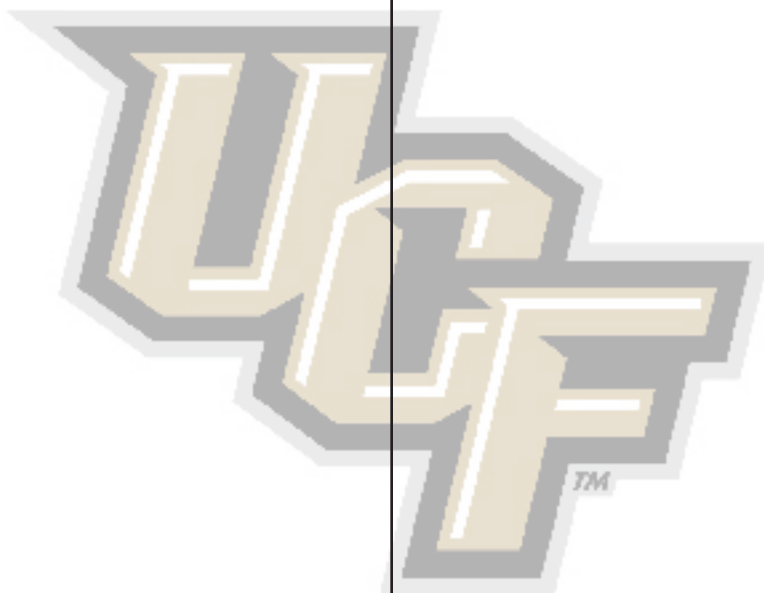
Javelin (SR: 133-2; FR: 133-2)

125-7/38.29m!	Taylor Bartolotta	2nd	UCF Invite
91-2.0/27.80mH	Samantha Shields	10th	C-USA Outdoor
56-4/17.17m	Ashley Bolling	15th	UCF Invite

Heptathlon (SR: 5,233; FR: 4,500)

4,578	Samantha Shields	8th	C-USA Outdoor
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EDITOR'S KEY

+ = NCAA Regional Qualifier
^ = school record
= freshman record
! = personal record (PR)
m = meet record

p = Earned in preliminaries
s = Earned in semifinals
c = Earned in consolation event
H = Earned in heptathlon
w = wind-aided