



UCF TRACK AND FIELD

2008 Indoor Season All Individual Performances

Date	Event	Mark	Place	Date	Event	Mark	Place
<u>FEYISARA ADARAMOLA</u>				2/23	Dick Taylor Relays	8.62	2nd
55m				2/29	C-USA Championships	8.59 p	3rd
1/11	Va. Tech Invitational	7.12 p	9th	3/1	C-USA Championships	8.73	4th
1/26	Tom Jones Memorial	7.14 p	18th	200m			
1/26	Tom Jones Memorial	7.10	10th	1/12	Va. Tech Invitational	26.45	29th
60m				2/1	Frank Sevigne Invitational	25.72 p	15th
2/1	Frank Sevigne Invitational	7.71 p	13th	400m			
2/2	Frank Sevigne Invitational	7.67 c	4th	2/15	Tyson Invitational	55.94 p	48th
2/15	Tyson Invitational	7.66 p	46th	2/29	C-USA Championships	57.40 p	12th
2/23	Dick Taylor Relays	7.70 p	3rd	<u>OLINKA CRUSOE</u>			
2/23	Dick Taylor Relays	7.57	1st	200m			
2/29	C-USA Championships	7.56 p	10th	2/23	Dick Taylor Relays	26.05 f	7th
200m				400m			
1/12	Va. Tech Invitational	25.29	7th	2/15	Tyson Invitational	58.72 p	90th
2/16	Tyson Invitational	25.20 p	67th	2/23	Dick Taylor Relays	59.79 f	3rd
2/23	Dick Taylor Relays	24.93 f	2nd	2/29	C-USA Championships	59.13 p	19th
2/29	C-USA Championships	25.30 p	11th	<u>OCEAN COHEN</u>			
<u>SHANTILE BLACKBURN</u>				3,000m			
500m				2/23	Dick Taylor Relays	10:37.99 f	4th
1/11	Va. Tech Invitational	1:20.45	29th	3/1	C-USA Championships	10:56.16	28th
800m				5,000m			
2/2	Frank Sevigne Invitational	2:13.85	2nd	2/29	C-USA Championships	18:36.93	19th
2/16	Tyson Invitational	2:12.55	6th	<u>KELLIE DWYER</u>			
2/29	C-USA Championships	2:12.38 p	6th	3,000m			
3/1	C-USA Championships	2:21.93	8th	2/23	Dick Taylor Relays	11:11.24 f	11th
1,000m				<u>JESSICA FRANCIS</u>			
1/12	Va. Tech Invitational	3:02.52	13th	Shot Put			
<u>NATALIE BRADDOCK</u>				1/12	Va. Tech Invitational	39-7/12.06m	20th
55mH				2/16	Chick Fil-A Classic	41-8.5/12.71m	8th
1/26	Tom Jones Memorial	9.35 p	46th	2/23	Dick Taylor Relays	41-3.75/12.59m	6th
60mH				3/1	C-USA Championships	41-4.25/12.60m	12th
2/16	Chick Fil-A Classic	9.78 p	25th	Weight Throw			
400m				1/11	Va. Tech Invitational	40-2/12.24m	20th
2/16	Chick Fil-A Classic	1:01.27 f	26th	2/16	Chick Fil-A Classic	47-6/14.49m	4th
<u>SHEREE CARTER</u>				2/23	Dick Taylor Relays	50-6/15.40m	2nd
55mH				2/29	C-USA Championships	49-7.25/15.12m	13th
1/11	Va. Tech Invitational	8.32 p	17th	<u>LIZZIE HARRIS</u>			
1/26	Tom Jones Memorial	8.27 p	21st	55mH			
60mH				1/11	Va. Tech Invitational	8.22 p	10th
2/15	Tyson Invitational	8.86 p	56th	200m			
200m				1/12	Va. Tech Invitational	24.48	2nd
1/12	Va. Tech Invitational	26.33	24th	400m			
Long Jump				1/12	Va. Tech Invitational	56.36	1st
1/12	Va. Tech Invitational	17-9/5.41m	11th	2/1	Frank Sevigne Invitational	55.99 p	8th
1/26	Tom Jones Memorial	18-4.25/5.59m	17th	2/2	Frank Sevigne Invitational	55.18	4th
High Jump				2/15	Tyson Invitational	55.80 p	46th
1/26	Tom Jones Memorial	5-3/1.60m	12th	2/29	C-USA Championships	56.92 p	6th
Pentathlon				3/1	C-USA Championships	56.68	6th
2/1	Frank Sevigne Invitational	3,600	8th	High Jump			
<u>VICTORIA CHIN</u>				1/26	Tom Jones Memorial	5-8.75/1.75m	3rd
55mH				2/2	Frank Sevigne Invitational	5-10.75/1.80m &	1st
1/11	Va. Tech Invitational	8.72 p	33rd	3/1	C-USA Championships	5-10/1.78m %	1st
1/26	Tom Jones Memorial	8.16 p	15th	3/14	NCAA Championships	5-10.75/1.80m &	T9th
1/26	Tom Jones Memorial	8.18	15th	Long Jump			
60mH				2/29	C-USA Championships	17-11.50/5.47m	13th
2/1	Frank Sevigne Invitational	8.78 p	6th				
2/2	Frank Sevigne Invitational	8.67	7th				
2/15	Tyson Invitational	8.95 p	61st				
2/23	Dick Taylor Relays	8.72 p	3rd				



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Date	Event	Mark	Place	Date	Event	Mark	Place
JACLYN JOHNSON				CHRISTINA RAPHAEL			
800m				Shot Put			
1/11	Va. Tech Invitational	2:27.19	10th	1/12	Va. Tech Invitational	41-6/12.66m	16th
Mile Run				2/23	Dick Taylor Relays	39-9.25/12.12m	7th
2/23	Dick Taylor Relays	5:35.83 f	9th	3/1	C-USA Championships	38-6.25/11.74m	20th
1,000m				Weight Throw			
1/12	Va. Tech Invitational	3:16.45	31st	1/11	Va. Tech Invitational	46-5.50/14.16m	13th
SHANNON KELLY				2/23	Dick Taylor Relays	38-0/11.59m	7th
3,000m				2/29	C-USA Championships	41-3/12.57m	25th
1/26	Tom Jones Memorial	10:56.86 f	34th	JAMIE RZEPECKI			
2/23	Dick Taylor Relays	10:49.50 f	7th	3,000m			
ASHLEY KIRKPATRICK				1/26	Tom Jones Memorial	10:19.62	19th
Weight Throw				2/16	Chick Fil-A Classic	10:30.22 f	5th
2/1	Frank Sevigne Invitational	41-7.25/12.68m	7th	3/1	C-USA Championships	10:26.75	21st
STEPHANIE KNAPP				5,000m			
800m				2/1	Frank Sevigne Invitational	18:06.22	9th
1/26	Tom Jones Memorial	2:26.20 f	24th	2/29	C-USA Championships	18:14.04	15th
2/23	Dick Taylor Relays	2:26.47 f	12th	SAMANTHA SHIELDS			
BRITTNEY MCDERMOTT				55m			
Pole Vault				1/11	Va. Tech Invitational	7.49 p	33rd
2/29	C-USA Championships	10-0/3.05m	10th	200m			
KELLY MCNEILL				1/12	Va. Tech Invitational	26.68	30th
Mile Run				2/16	Chick Fil-A Classic	26.79 f	31st
2/16	Chick Fil-A Classic	5:16.71 f	10th	400m			
3,000m				1/12	Va. Tech Invitational	1:03.02	23rd
1/26	Tom Jones Memorial	10:40.13 f	26th	2/1	Frank Sevigne Invitational	1:00.83 p	31st
2/16	Chick Fil-A Classic	10:39.33 f	9th	2/16	Chick Fil-A Classic	59.85 f	13th
3/1	C-USA Championships	10:30.43	23rd	2/29	C-USA Championships	1:02.15 p	26th
ELIZABETH MILLER				KATORIE STINNEY			
3,000m				400m			
2/23	Dick Taylor Relays	10:33.89 f	3rd	2/1	Frank Sevigne Invitational	1:01.68 p	32nd
3/1	C-USA Championships	10:27.91	22nd	High Jump			
SADE NERO				1/26	Tom Jones Memorial	5-5/1.65m	11th
200m				DIONE THOMAS			
1/12	Va. Tech Invitational	26.36	26th	55m			
400m				1/11	Va. Tech Invitational	7.31 p	18th
1/12	Va. Tech Invitational	1:00.76	16th	1/26	Tom Jones Memorial	7.26 p	33rd
2/1	Frank Sevigne Invitational	59.25 p	27th	60m			
ALLISON PALMER				2/1	Frank Sevigne Invitational	7.62 p	10th
Mile Run				2/2	Frank Sevigne Invitational	7.62 c	3rd
2/16	Chick Fil-A Classic	5:42.90 f	31st	2/15	Tyson Invitational	7.62 p	38th
3,000m				2/23	Dick Taylor Relays	7.67 p	2nd
2/23	Dick Taylor Relays	10:39.58 f	5th	2/23	Dick Taylor Relays	7.61	2nd
3/1	C-USA Championships	11:07.20	29th	2/29	C-USA Championships	7.58 p	11th
5,000m				Long Jump			
2/16	Chick Fil-A Classic	18:57.80 f	7th	1/12	Va. Tech Invitational	19-9/6.02m	1st
2/29	C-USA Championships	18:19.16	17th	1/26	Tom Jones Memorial	18-8/5.69m	14th
MICHELLE RANC				2/1	Frank Sevigne Invitational	19-11.50/6.08m	1st
55mH				2/15	Tyson Invitational	19-11/6.07m	2nd
1/11	Va. Tech Invitational	8.99 p	44th	2/29	C-USA Championships	19-9/6.02m	3rd
400m				Triple Jump			
1/12	Va. Tech Invitational	1:02.18	21st	2/2	Frank Sevigne Invitational	40-10.25/12.30m	4th
				2/16	Tyson Invitational	41-4.50/12.61m	3rd
				2/23	Dick Taylor Relays	41-4.25/12.60m	1st
				3/1	C-USA Championships	42-2/12.85m	3rd



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VIRGINIA TRAYNOR

Shot Put

1/12	Va. Tech Invitational	39-10.5/12.15m	19th
1/26	Tom Jones Memorial	41-7/12.67m	14th
2/2	Frank Sevigne Invitational	42-3.25/12.88m	14th
2/16	Chick Fil-A Classic	42-8.25/13.01m	7th
2/23	Dick Taylor Relays	41-8/12.70m	5th
3/1	C-USA Championships	44-0/13.42m	8th

Weight Throw

1/11	Va. Tech Invitational	48-10.75/14.90m	7th
1/26	Tom Jones Memorial	45-5.75/13.86m	16th
2/1	Frank Sevigne Invitational	52-2.50/15.91m	1st
2/16	Chick Fil-A Classic	50-3/15.32m	6th
2/23	Dick Taylor Relays	52-5/15.98m	1st
2/29	C-USA Championships	53-5.75/16.30m	8th

ERICA WEITZ

Mile Run

2/16	Chick Fil-A Classic	5:37.83 f	27th
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3,000m

1/26	Tom Jones Memorial	10:52.43	31st
2/23	Dick Taylor Relays	10:43.56 f	6th

5,000m

2/16	Chick Fil-A Classic	18:57.96 f	8th
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MICAELA WIMBERLY

60m

2/29	C-USA Championships	7.74 p	18th
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55mH

1/11	Va. Tech Invitational	8.88 p	41st
1/26	Tom Jones Memorial	8.22 p	18th
1/26	Tom Jones Memorial	8.15	14th

60mH

2/15	Tyson Invitational	8.89 p	57th
2/29	C-USA Championships	8.86 p	8th
3/1	C-USA Championships	8.73	3rd

200m

1/12	Va. Tech Invitational	26.13	21st
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Triple Jump

2/16	Tyson Invitational	37-8.50/11.49m	27th
3/1	C-USA Championships	37-9.50/11.52m	15th

VANESSA ZICCARDI

Pole Vault

2/29	C-USA Championships	9-6.25/2.90m	12th
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KRISTEN ZIEMINSKI

500m

1/11	Va. Tech Invitational	1:21.31	32nd
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800m

2/16	Chick Fil-A Classic	2:16.93	5th
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Mile Run

3/1	C-USA Championships	5:06.53	11th
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1,000m

1/12	Va. Tech Invitational	3:06.35	18th
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3,000m

1/26	Tom Jones Memorial	5:16.26	15th
2/2	Frank Sevigne Invitational	5:08.75	10th

Abbreviation Key

& - NCAA Provisional Qualifier
 ^ - NCAA Automatic Qualifier
 % - Conference USA Champion
 p - Time earned in preliminary event
 c - Time earned in consolation event
 f - Time converted from flat track to banked time

UCF Track and Field Athletes of the Week

Virginia Tech Invitational (Jan. 11-12): Dione Thomas
Tom Jones Memorial Classic (Jan. 26): Lizzie Harris
Frank Sevigne Husker Invitational (Feb. 1-2): Lizzie Harris
Tyson Invitational/Chick Fil-A Classic (Feb. 15-16): Dione Thomas
Dick Taylor Relays (Feb. 23): Feyisara Adaramola