

**UCF Track and Field
2005 Top Outdoor Performances**

** indicates UCF record
\$ indicates NCAA Regional Mark
indicates UCF Stadium record
% event not contested at Conference or NCAA Championships
(w) indicates mark as wind-dated
includes performances through May 8, 2005*

100 Meter Dash

LaToya Green	So.	12.07	3/5/05	UCF Invitational
		11.90 (w)	4/2/05	USF Invitational
Jenny Rogan	So.	12.15	4/2/05	USF Invitational
		12.08 (w)	4/30/05	Golden Knight Twilight
Kaprice Williams	So.-R	12.31	3/5/05	UCF Invitational
Lynnsey Hicks	Jr.	12.54	3/5/05	UCF Invitational
		12.46	4/30/05	Golden Knight Twilight
Tavia Record	Jr.	12.70	3/5/05	UCF Invitational
April Sanders	Fr.	13.09	3/5/05	UCF Invitational

200 Meter Dash

Kaprice Williams	So-R	24.71	3/5/05	UCF Invitational
Jenny Rogan	So.	24.98	3/5/05	UCF Invitational
LaToya Green	So.	25.16	3/18/05	FSU Relays
April Sanders	Fr.	25.80	3/5/05	UCF Invitational
Diana Chin	Jr.	25.80	3/5/05	UCF Invitational
Tavia Record	Jr.	25.84	4/2/05	USF Invitational
Chastity Rivers	Fr.	26.40	3/5/05	UCF Invitational
Kylene Colasanti	Jr.	27.77	3/5/05	UCF Invitational
Alison Shoemaker	Fr.	27.90	3/5/05	UCF Invitational
Angele Busch	Fr.	28.07	3/5/05	UCF Invitational
Melody Parry	Sr.	28.88	3/5/05	UCF Invitational

400 Meter Dash

LaToya Williams	So.	58.89	4/2/05	USF Invitational
Kylene Colasanti	Jr.	61.40	2/19/05	Clermont Winter Series
Angele Bush	Fr.	61.98	3/5/05	UCF Invitational
Kaprice Williams	So.-R	62.26	2/19/05	Clermont Winter Series
Melody Parry	Sr.	64.25	2/19/05	Clermont Winter Series
Calia Carter	Fr.	65.05	2/19/05	Clermont Winter Series
Theresa Manahan	So.	68.46	2/19/05	Clermont Winter Series

800 Meter Run

Karen Kozub	So.	2:13.62	4/2/05	USF Invitational
Astrid Claessens	Jr.	2:17.17	3/18/05	FSU Relays
Christina Jones	So.	2:16.30	4/30/05	Golden Knight Twilight
Kristen Zieminski	Fr.-R	2:18.77	4/30/05	Golden Knight Twilight
Elizabeth Miller	Fr.	2:30.14	4/2/05	USF Invitational

1500 Meter Run

Astrid Claessens	Jr.	4:37.13	4/16/05	A-Sun Championships *
Karen Kozub	So.	4:44.88	3/24/05	Florida Relays
Andrea Morrow	Jr.	4:50.73	3/18/05	FSU Relays
Christina Jones	So.	4:52.73	3/24/05	Florida Relays
Kristen Zieminski	Fr.-R	4:54.69	4/16/05	A-Sun Championships
Elizabeth Miller	Fr.	5:00.46	3/18/05	FSU Relays
Melissa Leen	Sr.	5:32.18	3/5/05	UCF Invitational
Shannon Staunton	Fr.	5:36.51	3/5/05	UCF Invitational
Jenny Rogers	Fr.	5:43.60	4/2/05	USF Invitational
Rebecca Rojas	Jr.	6:35.56	4/2/05	USF Invitational

3000 Meter Run %

Andrea Morrow	Jr.	11:16.57	3/5/05	UCF Invitational
Michelle Brouillet	Jr.	11:17.49	3/11/05	Disney Relays
Jackie Magee	Sr.	11:20.82	3/11/05	Disney Relays
Allison Palmer	Fr.	11:24.86	4/30/05	Golden Knight Twilight
Elizabeth Miller	Fr.	11:30.91	4/30/05	Golden Knight Twilight
Amanda Peters	So.	11:59.81	3/11/05	Disney Relays
Michelle Westhoff	Jr.	12:03.02	4/30/05	Golden Knight Twilight
Shannon Staunton	Fr.	12:13.87	3/11/05	Disney Relays
Melissa Gonzalez	Jr.	12:25.28	3/11/05	Disney Relays
Colleen Yuskaitis	So.	12:49.39	3/11/05	Disney Relays
Carla Portilla	Fr.-R	12:55.88	3/11/05	Disney Relays
Rebecca Rojas	Jr.	14:20.73	3/11/05	Disney Relays

5000 Meter Run

Allison Palmer	Fr.	19:11.82	4/2/05	USF Invitational
Michelle Brouillet	Jr.	19:24.39	2/19/05	Clermont Winter Series
Jackie Magee	Sr.	19:43.97	3/5/05	UCF Invitational
Amanda Peters	So.	20:44.12	2/19/05	Clermont Winter Series
Melissa Gonzalez	Jr.	21:16.33	2/19/05	Clermont Winter Series
Colleen Yuskaitis	So.	22:21.53	2/19/05	Clermont Winter Series

10,000 Meter Run

Allison Palmer	Fr.	39:44.81	4/15/05	A-Sun Championships
Jackie Magee	Sr.	42:34.41	3/24/05	Florida Relays
Michelle Brouillet	Jr.	42:56.24	3/24/05	Florida Relays

100 Meter Hurdles

Diana Chin	Jr.	13.81	4/30/05	Golden Knight Twilight \$*
Vicky Chin	Fr.	14.36	3/19/05	FSU Relays

400 Meter Hurdles

Vicky Chin	Fr.	61.18	5/7/05	Seminole Twilight
Kylene Colasanti	Jr.	65.27	4/16/05	A-Sun Championships
Melody Parry	Sr.	68.58	4/16/05	A-Sun Championships
Theresa Manahan	So.	75.14	3/5/05	UCF Invitational

2000 Meter Steeplechase %

Andrea Morrow	Jr.	7:12.92	3/5/05	UCF Invitational
Melissa Westhoff	Jr.	8:15.52	3/5/05	UCF Invitational

3000 Meter Steeplechase

Andrea Morrow	Jr.	11:12.52	4/16/05	A-Sun Championships
Astrid Claessens	Jr.	11:21.98	4/30/05	Golden Knight Twilight

Michelle Westhoff	Jr.	12:37.55	4/16/05	A-Sun Championships
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4x100 Meter Relay

Rogan, Green, D. Chin, Hicks	46.95	4/30/05	Golden Knight Twilight
D. Chin, Green, Rogan, Record	47.23	4/2/05	USF Invitational

4x200 Meter Relay

Rogan, V. Chin, Green, Record	1:40.68	3/25/05	Florida Relays *
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4x400 Meter Relay

L. Williams, V. Chin, Record, Kozub	3:51.18	4/30/05	Golden Knight Twilight
V. Chin, Colasanti, Record, Kozub	3:53.71	3/12/05	Disney Relays

4x800 Meter Relay

Jones, Zieminski, Miller, Morrow	9:32.81	3/12/05	Disney Relays
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4x1500 Meter Relay

Claessens, Morrow, Kozub, Jones	19:43.13	3/19/05	FSU Relays *
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4x1600 Meter Relay

Kozub, Morrow, Jones, Miller	21:31.16	3/12/05	Disney Relays
Zieminski, Westhoff, Leen, Rogers	23:36.70	3/12/05	Disney Relays

1600 Medley Relay

Record, Sanders, Colasanti, Kozub	4:13.48	3/12/05	Disney Relays
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High Jump

Ann-Louise Larsen	Sr.	1.81m/5-11.25	4/16/05	A-Sun Championships \$*
LesSundra Ford	So.	1.70m/5-7	3/5/05	UCF Invitational
Alison Shoemaker	Fr.	1.57m/5-2	2/19/05	Clermont Winter Series

Pole Vault

Katie Fowke	So.	3.66m/12-0	4/2/05	USF Invitational *
Michelle Teuton	Fr.	3.24m/10-7.50	3/11/05	Disney Relays
Kelsey Bealert	Fr.	3.14m/10-3.50	4/30/05	Golden Knight Twilight
Michelle Strauss	So.	2.94m/9-7.75	3/11/05	Disney Relays
Sarah Scheeren	Jr.-R	2.74m/9-0	2/19/05	Clermont Winter Series
Tracy Fischler	So.	2.99m/9-9.75	4/30/05	Golden Knight Twilight
Ginny Cobb	Fr.	2.49m/8-2	3/11/05	Disney Relays

Long Jump

Diana Chin	Jr.	6.11m/20-0.50	4/30/05	Golden Knight Twilight \$*#
Lynnsey Hicks	Jr.	5.82m/19-1.50	4/30/05	Golden Knight Twilight \$*#
Chastity Rivers	Fr.	5.23m/17-2	2/19/05	Clermont Winter Series

Triple Jump

Vicky Chin	Fr.	11.65m/38-2.75	4/16/05	A-Sun Championships
Tavia Record	Jr.	11.42m/37-5.75	4/30/05	Golden Knight Twilight
Diana Chin	Jr.	11.41m/37-5.25	4/16/05	A-Sun Championships
Lynnsey Hicks	Jr.	11.30m/37-1	2/19/05	Clermont Winter Series
Chastity Rivers	Fr.	10.47m/34-4.25	2/19/05	Clermont Winter Series

Shot Put

Tiffany Roebuck	Jr.	14.39m/47-2.50	3/17/05	FSU Relays \$*
Virginia Traynor	Fr.	12.89m/42-3.50	4/2/05	USF Invitational
Anna Baker	So.	12.39m/40-7.75	4/16/05	A-Sun Championships
Rian Thomas	Jr.	11.44m/37-6.50	3/12/05	Disney Relays
Lauren Johnson	Fr.	10.82m/35-6	4/2/05	USF Invitational
Michelle Olandese	Jr.	10.30m/33-9.50	4/30/05	Golden Knight Twilight

Discus

Tiffany Roebuck	Jr.	44.40m/145-8	4/2/05	USF Invitational \$
Sade Kusimo	Fr.	42.83m/140-6	3/5/05	UCF Invitational
Anna Baker	So.	41.98m/137-8.75	4/16/05	A-Sun Championships
Virginia Traynor	Fr.	40.24m/132-0	4/30/05	Golden Knight Twilight
Lauren Johnson	Fr.	37.01m/121-05	4/30/05	Golden Knight Twilight
Michelle Olandese	Jr.	34.68m/113-9	4/2/05	USF Invitational

Hammer Throw

Tiffany Roebuck	Jr.	56.64m/185-10	2/19/05	Clermont Winter Series \$*
Rian Thomas	Jr.	48.53m/159-3	3/11/05	Disney Relays
Kendra Howell	Fr.	45.75m/150-1.25	2/19/05	Clermont Winter Series
Anna Baker	So.	42.87m/140-8	2/19/05	Clermont Winter Series

Javelin

Michelle Olandese	Jr.	36.34m/119-3	2/19/05	Clermont Winter Series
Anna Baker	So.	33.42m/109-8	2/19/05	Clermont Winter Series
Alison Shoemaker	Fr.	15.22m/49-11	4/30/05	Golden Knight Twilight