



TRACK & FIELD

CAREER OUTDOOR MARKS

SHANELL ATKINS

Discus (147-10/45.06m)

145-9/44.43m	The American Championship	5/12/19	9th
147-10/45.06m (!)	Tom Jones Memorial	4/26/19	9th
140-1/42.71m	Georgia Tech Invitational	4/20/19	4th
133-8/40.75m	UCF Knights Invite	3/23/19	4th
122-06/37.33m	Black & Gold Challenge	3/16/19	11th
115-1/35.08m	The American Championship	5/13/18	23rd
137-04/41.86m	North Florida Invitational	4/27/18	4th
122-8/37.39m	Tom Jones Memorial	4/13/18	13th
120-7/36.75m	USF Bulls Invitational	3/23/18	13th
109-11/33.50m	Black & Gold Challenge	3/17/18	28th

Shot Put (48-1.25/14.66m)

45-1.75/13.76m	The American Championship	5/11/19	12th
43-4.25/13.21m	Tom Jones Memorial	4/27/19	9th
44-11/13.69m	Georgia Tech Invitational	4/20/19	4th
45-1/13.74m	UCF Knights Invite	3/23/19	3rd
47-1-75/14.37m	The American Championship	5/13/18	11th
46-7.25/14.20m	North Florida Invitational	4/27/18	6th
44-9/13.64m	War Eagle Invitational	4/21/18	14th
46-10.75/14.29m	Tom Jones Memorial	4/13/18	7th
47-11.75/14.62m	Florida Relays	3/31/18	7th
46-11/14.30m	USF Bulls Invitational	3/23/18	6th
48-1.25/14.66m (!)	Black & Gold Challenge	3/17/18	4th

Hammer Throw (166-10/50.85m)

166-2/50.66m	The American Championship	5/10/19	15th
166-10/50.85m (!)	Tom Jones Memorial	4/27/19	7th
150-8/45.92m	UCF Knights Invite	3/22/19	10th
151-07/46.21m	Black & Gold Challenge	3/15/19	12th

SAMIERYAH BRADWELL

200m (24.49)

24.49 (!)	Tom Jones Memorial	4/26/19	32nd
24.65	Hurricane Alumni Invite	4/13/19	35th
24.99	UCF Knights Invite	3/23/19	16th
24.72	Black & Gold Challenge	3/16/19	15th

400m (56.20)

57.80	The American Championship	5/11/19	25th
56.20 (!)	Tom Jones Memorial	4/27/19	24th
56.75	Georgia Tech Invitational	4/20/19	7th
56.71	Hurricane Alumni Invite	4/13/19	16th
56.67	Black & Gold Challenge	3/16/19	6th

MADISON BRYAN

Pole Vault (11-7.75/3.55m)

11-3.75/3.45m	Hurricane Alumni Invite	4/13/19	4th
10-8/3.25m	Black & Gold Challenge	3/15/19	5th
11-7.75/3.55m (!)	North Florida Invitational	4/27/18	10th
11-3.75/3.45m	Tom Jones Memorial	4/13/18	8th
11-5.75/3.50m	USF Bulls Invitational	3/22/18	4th
10-11.75/3.35m	Black & Gold Challenge	3/16/18	T15th
11-3.75/3.45m	Tom Jones Memorial	4/28/17	10th
11-5.75/3.50m	USF Invitational	4/22/17	7th
11-7.75/3.55m (!)	UNF Invite	4/8/17	2nd

10-8/3.25m	Black and Gold Challenge	3/18/17	6th
10-11.75/3.35m	Embry Riddle	2/18/17	3rd
10-0/3.05m	Tom Jones Memorial	4/22/16	11th
10-2/3.10m	UCF Invitational	3/26/16	3rd
10-8.75/3.27	Black & Gold Challenge	3/19/16	7th

JHANE' CARTER

Shot Put (51-7.75/15.74)

50-2/15.29m	The American Championship	5/11/19	4th
48-10.75/14.90m	Tom Jones Memorial	4/27/19	4th
47-6.50/14.49m	Georgia Tech Invitational	4/20/19	3rd
39-4.5/12.00m	Hurricane Alumni Invite	4/13/19	16th
43-7/13.28m	Florida Relays	3/30/19	22nd
47-6.25/14.48m	UCF Knights Invite	3/23/19	1st
47-10.5/14.59m	Black & Gold Challenge	3/16/19	6th
50-9.5/15.48m	NCAA East Preliminary	5/25/18	26th
50-8.75/15.46m	The American Championship	5/13/18	7th
49-9/15.16m	North Florida Invitational	4/27/18	2nd
50-5.5/15.38m	War Eagle Invitational	4/21/18	7th
49-1.5/14.97m	Tom Jones Memorial	4/13/18	4th
46-1.25/14.05m	Florida Relays	3/30/18	13th
48-10.75/14.90m	USF Bulls Invitational	3/23/18	2nd
45-2.5/13.78m	Black & Gold Challenge	3/17/18	9th
49-8.25/15.14m	NCAA East Preliminary	5/25/17	33rd
50-10.25/15.50m	American Championships	5/13/17	3rd
45-1/13.74m	Triton Invitational	4/22/17	11th
41-9.75/12.74m	Sun Angel Classic	4/8/17	8th
50-3.25/15.32m	Florida Relays	4/1/17	2nd
48-3.25/14.71m	Black and Gold Challenge	3/18/17	2nd
49-3.5/15.02m	NCAA East Preliminaries	5/28/16	30th
51-7.75/15.74m (#!)	American Championships	5/15/16	3rd
49-7.25/15.12m	UNF Twilight	5/4/16	1st
49-9.25m/15.17m	Triton Invitational	4/23/16	2nd
46-8.25/14.23m	Illinois Dual	4/9/16	1st
49-2/14.68m	Florida Relays	4/2/16	2nd
48-2.75/14.70m	UCF Invitational	3/26/16	1st
49-9/15.16m	Black & Gold Challenge	3/19/16	5th

Hammer Throw (192-7/58.71m)

192-7/58.71m (!)	The American Championship	5/10/19	7th
186-3/56.77m	Tom Jones Memorial	4/27/19	3rd
182-6/55.63m	Georgia Tech Invitational	4/19/19	2nd
183-2/55.83m	Hurricane Alumni Invite	4/12/19	5th
184-6/56.25m	Florida Relays	3/29/19	9th
186-10/56.95m	UCF Knights Invite	3/22/19	3rd
182-06/55.64m	Black & Gold Challenge	3/15/19	4th
176-3/53.72m	NCAA East Preliminary	5/24/18	43rd
187-0/57.0m	The American Championship	5/12/18	6th
188-9/57.54m	North Florida Invitational	4/27/18	2nd
178-3/54.33m	War Eagle Invitational	4/20/18	12th
189-10/57.86m	Tom Jones Memorial	4/13/18	2nd
179-11/54.83m	Florida Relays	3/29/18	7th
167-5/51.03m	American Championships	5/12/17	12th
169-7/51.69m	Tom Jones Memorial	4/28/17	6th
165-10/50.54m	Triton Invitational	4/21/17	12th
180-2/54.92m	Sun Angel Classic	4/7/17	4th
162-3/49.46m	Black and Gold Challenge	3/17/17	10th
153-7/46.81m	Illinois Dual	4/9/16	4th



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CAREER OUTDOOR MARKS

JHANE' CARTER (CONT.)

Hammer Throw

159-9/48.62m	Hurricane Alumni Invite	4/8/16	11th
157-3/47.92m	UCF Invitational	3/26/16	5th
165-10/50.56m	Black & Gold Challenge	3/19/16	7th

IMANI CLARK

100m (11.78)

11.91	The American Championship	5/11/19	15th
11.86	Tom Jones Memorial	4/27/19	25th
11.89	Georgia Tech Invitational	4/19/19	6th
11.78* (!)	NCAA East Preliminary	5/25/18	46th
11.79*	ACC Championship	5/11/18	14th
11.44*	Miami Alumni Invitational	4/7/18	5th
12.00*	Florida Relays	3/30/18	27th

200m (23.58)

24.18	The American Championship	5/10/19	13th
24.37	Tom Jones Memorial	4/26/19	29th
23.93*	NCAA East Preliminary	5/25/18	45th
23.69*	ACC Championship	5/11/18	12th
23.58* (!)	Miami Alumni Invitational	4/7/18	7th
24.09*	Florida Relays	3/30/18	27th

* marks from Syracuse

CHARLOTTE CROOK

800m (2:09.90)

2:10.82	The American Championship	5/12/19	3rd
2:12.20	The American Championship	5/10/19	5th
2:09.90 (!)	Tom Jones Memorial	4/26/19	9th
2:19.45	Hurricane Alumni Invite	4/13/19	17th
2:11.66	UCF Knights Invite	3/23/19	2nd

1500m (4:31.55)

4:31.55 (f#!)	Florida Relays	3/29/19	16th
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DEVIN D'OLIVERIA

400m Hurdles (59.11)

58.80 (f#!)	The American Championship	5/12/19	1st
59.98	The American Championship	5/10/19	1st
59.55	Tom Jones Memorial	4/26/19	6th
59.40	Hurricane Alumni Invite	4/13/19	3rd
59.85	Florida Relays	3/29/19	12th
59.11	UCF Knights Invite	3/23/19	1st
1:00.10	Black & Gold Challenge	3/16/19	1st

Long Jump (19-3.5/5.88m)

18-5.75/5.63m	The American Championship	5/11/19	12th
19-3.5/5.88m (!)	Tom Jones Memorial	4/26/19	10th
19-0/5.79m	Georgia Tech Invitational	4/19/19	8th
19-2/5.85m	Hurricane Alumni Invite	4/13/19	2nd

DANEESHA DAVIDSON

400m (58.59)

58.59 (!)	Black & Gold Challenge	3/17/18	24th
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400m Hurdles (1:00.91)

1:02.96	The American Championship	5/10/19	14th
1:00.92	Tom Jones Memorial	4/26/19	8th
1:02.19	Hurricane Alumni Invite	4/13/19	9th
1:02.51	Florida Relays	3/29/19	32nd
1:00.91 (!)	UCF Knights Invite	3/23/19	2nd
1:02.31	Black & Gold Challenge	3/16/19	5th
1:05.66	The American Championship	5/12/18	16th
1:03.54	North Florida Invitational	4/27/18	8th
1:03.88	War Eagle Invitational	4/21/18	7th
1:06.93	Tom Jones Memorial	4/13/18	15th
1:02.71	USF Bulls Invitational	3/23/18	9th

Long Jump (18-7/5.66m)

17-4/5.28m	The American Championship	5/11/19	23rd
17-9.5/5.42m	Tom Jones Memorial	4/26/19	21st
18-7/5.66m (!)	Georgia Tech Invitational	4/19/19	14th
18-7/5.66m (!)	Hurricane Alumni Invite	4/13/19	7th

Triple Jump (41-0.25/12.50m)

39-9.75/12.13m	The American Championship	5/12/19	11th
41-0.25/12.50m (!)	Tom Jones Memorial	4/27/19	7th
40-6.25/12.35m	Georgia Tech Invitational	4/20/19	3rd
40-8.75/12.41m	Florida Relays	3/30/19	20th
40-5.5/12.33m	Black & Gold Challenge	3/16/19	3rd
40-1.25/12.22m	The American Championship	5/13/18	8th
37-11.25/11.56mw	North Florida Invitational	4/27/18	10th
37-11.25/11.56m	War Eagle Invitational	4/21/18	13th
38-6/11.73mw	Tom Jones Memorial	4/13/18	6th
38-1.5/11.62m	Black & Gold Challenge	3/16/18	9th

BEYONCE DEFREITAS

100m (11.80)

11.85	The American Championship	5/11/19	13th
11.80 (!)	Tom Jones Memorial	4/27/19	24th
11.87	Hurricane Alumni Invite	4/13/19	27th
12.17	UCF Knights Invite	3/23/19	18th

200m (24.13)

24.45	The American Championship	5/10/19	20th
24.13 (!)	Hurricane Alumni Invite	4/13/19	17th
24.43	Black and Gold Challenge	3/16/19	11th

JESSICA DOLAN

1500m (4:46.06)

4:58.04	Hurricane Alumni Invite	4/13/19	16th
4:48.05	UCF Knights Invite	4/22/19	4th
4:46.06 (!)	North Florida Invitational	4/27/18	3rd

3000m (10:31.63)

10:31.63 (!)	Black & Gold Challenge	3/16/19	10th
10:40.20	Tom Jones Memorial	4/13/18	7th



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CAREER OUTDOOR MARKS

JESSICA DOLAN (CONT.)

5000m (17:57.72)

18:42.13	The American Championship	5/12/19	36th
17:57.72 (!)	Georgia Tech Invitational	4/19/19	25th
19:10.93	The American Championship	5/12/18	36th
18:10.34	War Eagle Invitational	4/20/18	18th
18:28.20	Black & Gold Challenge	3/16/18	6th

JAYDA DRAKE-HOWARD

100m Hurdles (14.59)

14.59 (!)	The American Championship	5/11/19	10th
16.23	Tom Jones Memorial	4/27/19	31st
16.74	Black & Gold Challenge	3/16/19	28th

200m (26.02)

26.02 (!)	Tom Jones Memorial	4/26/19	56th
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GABBY DURANT

Discus (129-9/39.55m)

129-9/39.55m (!)	The American Championship	5/12/19	19th
103-8/31.61m	UCF Knights Invite	3/23/19	10th

Shot Put (45-5.75/13.86m)

38-6/11.73m	The American Championship	5/11/19	20th
43-5.75/13.25m	Georgia Tech Invitational	4/20/19	7th
44-8.25/13.62m	Hurricane Alumni Invite	4/13/19	8th
40-4/12.29m	UCF Knights Invite	3/23/19	7th
43-10/13.36m	Black & Gold Challenge	3/16/19	8th
45-5.75/13.86m (!)	The American Championship	5/13/18	14th
39-8/12.09m	North Florida Invitational	4/27/18	16th
42-8.75/13.02m	War Eagle Invitational	4/21/18	18th
42-11/13.08m	Tom Jones Memorial	4/13/18	12th
42-8.75/13.02m	USF Bulls Invitational	3/23/18	7th
41-3/12.57m	Black & Gold Challenge	3/17/18	19th

Hammer Throw (200-06/61.12m)

199-11/61.14m	The American Championship	5/10/19	4th
185-3/56.47m	Tom Jones Memorial	4/27/19	4th
180-10/55.12m	Georgia Tech Invitational	4/19/19	3rd
184-9/56.32m	Hurricane Alumni Invite	4/12/19	4th
183-0/55.77m	UCF Knights Invite	3/22/19	4th
196-10/59.99m	Black & Gold Challenge	3/15/19	1st
171-3/52.21m	NCAA East Preliminary	5/24/18	44th
188-10/57.56m	North Florida Invitational	4/27/18	1st
200-06/61.12m (!)	War Eagle Invitational	4/20/18	4th
186-4/56.79m	Tom Jones Memorial	4/13/18	3rd
195-11/59.73m	Florida Relays	3/29/18	1st
177-1/53.99m	USF Bulls Invitational	3/22/18	3rd
185-6/56.55m	Black & Gold Challenge	3/16/18	5th
180-8/55.06m	The American Championship	5/12/17	6th
189-9/57.85m	Tom Jones Memorial	4/28/17	3rd
177-7/54.13m	Triton Invitational	4/21/17	7th
166-8/50.80m	Sun Angel Classic	4/7/17	10th
178-1/54.27	Florida Relays	3/31/17	15th
174-2/53.10m	Black and Gold Challenge	3/17/17	6th
164-4/50.10m	The American Championship	5/12/16	13th
170-4/51.93m	UNF Twilight	5/4/16	9th

143-8/43.79m	Triton Invitational	4/23/16	41st
147-10/45.07m	Illinois Dual	4/9/16	5th
158-6/48.31m	Hurricane Alumni Invite	4/8/16	13th
155-4/47.35m	UCF Invitational	3/26/16	6th
152-11/46.60m	Black & Gold Challenge	3/19/16	10th

LOREN GALLMON

100m (11.89)

12.09	The American Championship	5/12/18	20th
11.89 (!)	North Florida Invitational	4/27/18	9th
12.20	War Eagle Invitational	4/21/18	22nd
11.95	Tom Jones Memorial	4/13/18	24th
12.36	Black & Gold Challenge	3/17/18	25th
12.05	The American Championship	5/13/17	20th
11.90	Tom Jones Memorial	4/28/17	22nd
12.17	USF Invitational	4/22/17	5th
12.18	Sun Angel Classic	4/7/17	2nd
12.19	Black and Gold Challenge	3/18/17	4th

200m (23.84)

24.23	The American Championship	5/10/19	16th
23.84 (!)	Tom Jones Memorial	4/26/19	17th
23.97	Hurricane Alumni Invite	4/13/19	13th
24.02	UCF Knights Invite	3/23/19	6th
24.50	The American Championship	5/12/18	16th
24.46	North Florida Invitational	4/27/18	10th
24.34	War Eagle Invitational	4/21/18	23rd
24.30	UF Tom Jones Memorial	4/13/18	24th
24.42	Florida Relays	3/31/18	40th
24.50w	USF Bulls Invitational	3/23/18	9th
24.81	Black & Gold Challenge	3/17/18	27th
24.65	The American Championship	5/12/17	18th
24.53	Tom Jones Memorial	4/28/17	36th
24.76	USF Invitational	4/22/17	5th
24.86	Sun Angel Classic	4/7/17	5th
24.95	Black and Gold Challenge	3/18/17	5th

400m (54.83)

55.51	The American Championship	5/11/19	11th
55.25	Tom Jones Memorial	4/27/19	19th
55.08	Hurricane Alumni Invite	4/13/19	8th
55.19	Florida Relays	3/29/19	35th
54.83 (!)	Black & Gold Challenge	3/16/19	1st
57.95	USF Bulls Invitational	3/23/18	13th

ASIA GONZALEZ

100m (12.20)

12.30	Tom Jones Memorial	4/27/19	35th
12.59	Georgia Tech Invitational	4/19/19	39th
12.20 (!)	Hurricane Alumni Invite	4/13/19	39th
12.26w	UCF Knights Invite	3/23/19	22nd
12.47	Black & Gold Challenge	3/16/19	18th
12.72	North Florida Invitational	4/27/18	32nd
12.44	Tom Jones Memorial	4/13/18	33rd
12.68	USF Bulls Invitational	3/23/18	34th
12.73	Black & Gold Challenge	3/17/18	33rd
12.42	USF Invitational	4/22/17	9th



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CAREER OUTDOOR MARKS

ASIA GONZALEZ (CONT.)

100m (12.20)

12.70	UNF Invite	4/8/17	31st
12.72	Black and Gold Challenge	3/18/17	9th

200m (25.86)

25.86 (!)	Tom Jones Memorial	4/26/19	55th
26.46	Georgia Tech Invitational	4/20/19	45th
25.96	Hurricane Alumni Invite	4/13/19	57th
25.96	UCF Knights Invite	3/23/19	27th
26.23	North Florida Invitational	4/27/18	32nd
26.09	UF Tom Jones Invitational	4/13/18	39th
26.45	USF Bulls Invitational	3/23/18	44th
26.25	Black & Gold Challenge	3/17/18	52nd
26.52	North Florida Invite	4/8/17	33rd
26.43	Black and Gold Challenge	3/18/17	18th

CIARA HOLBACK

100m (11.44)

11.45	The American Championship	5/12/19	4th
11.64	The American Championship	5/11/19	5th
11.54	Tom Jones Memorial	4/27/19	12th
11.66	Georgia Tech Invitational	4/19/19	3rd
11.44 (!)	Hurricane Alumni Invite	4/13/19	T5th
11.87	The American Championship	5/12/18	12th
11.70	North Florida Invitational	4/27/18	4th
12.16	War Eagle Invitational	4/21/18	20th
11.98	Tom Jones Memorial	4/13/18	26th
11.97	USF Bulls Invitational	3/23/18	7th
12.22	Black & Gold Challenge	3/17/18	16th

200m (23.71)

23.51 (!)	The American Championship	5/12/19	3rd
23.80	The American Championship	5/10/19	4th
23.71	Tom Jones Memorial	4/26/19	15th
23.95	Georgia Tech Invitational	4/20/19	1st
23.87	Hurricane Alumni Invite	4/13/19	8th
24.00	Florida Relays	3/30/19	7th
23.87	Black & Gold Challenge	3/16/19	5th
24.32	The American Championship	5/12/18	12th
24.23	North Florida Invitational	4/27/18	5th
24.35	War Eagle Invitational	4/21/18	24th
24.29	Tom Jones Memorial	4/13/18	26th
24.64	Florida Relays	3/31/18	47th
24.42	USF Bulls Invitational	3/23/18	7th
24.74	Black & Gold Challenge	3/17/18	25th

NELDA HUGGINS

100m (11.75)

11.75* (!)	Emporia State Relays	3/31/18	1st
11.85*	Arkansas Spring Invitational	3/24/18	13th
11.85*	Drake Relays	4/28/17	1st
11.26w*	KT Woodman Classic	4/15/17	1st
11.56w*	KT Woodman Classic	4/15/17	2nd
11.96*	Arkansas Spring Invitational	3/25/17	4th

200m (24.21)

24.21w* (!)	Emporia State Relays	3/31/18	1st
24.35*	Arkansas Spring Invitational	3/24/18	10th
23.65w*	KT Woodman Classic	4/15/17	1st

* marks from Iowa Central CC

SHIAN HYDE

100m (11.25w/11.29)

11.29 (!)	The American Championship	5/12/19	2nd
11.49	The American Championship	5/11/19	2nd
11.54	Georgia Tech Invitational	4/19/19	2nd
11.37	Hurricane Alumni Invite	4/13/19	2nd
11.63	UCF Knights Invite	3/23/19	1st
11.25w* (!)	NJCAA National Championship	5/19/18	1st
11.58*	NJCAA National Championship	5/18/18	1st
11.44*	Texas Tech Masked Rider Open	5/5/18	2nd
11.57*	NMJC Ross Black Open	4/14/18	1st
11.68*	2018 UTEP Springtime	3/24/18	3rd
11.89*	NJCAA National Championship	5/20/17	7th
11.49w*	Texas Tech Masked Rider Open	5/6/17	7th
11.55w*	NMJC Ross Black Open	4/15/17	2nd
11.72w*	Texas State Bobcat Invitational	4/1/17	11th
11.85*	UTEP Springtime 2017	3/25/17	1st

200m (23.26w/23.63)

24.20	The American Championship	5/10/19	14th
23.65	Tom Jones Memorial	4/26/19	13th
23.63 (!)	Hurricane Alumni Invite	4/13/19	5th
24.11	Florida Relays	3/30/19	9th
23.66	Black & Gold Challenge	3/16/19	3rd
24.36w* (!)	NJCAA National Championship	5/19/18	4th
24.23*	NJCAA National Championship	5/18/18	6th
23.53w*	West Texas A&M Invitational	4/22/18	2nd
23.84*	NMJC Ross Black Open	4/14/18	3rd
24.49w*	NJCAA National Championship	5/20/17	7th
23.86w*	2017 UTEP Invitational	4/22/17	4th
23.61w*	WT Classic and Multi	4/8/17	3rd
25.11*	UTEP Springtime 2017	3/25/17	17th

400m (59.78)

59.78* (!)	WT Classic and Multi	4/8/17	16th
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* marks from New Mexico JC

VICTORIA JUNG

800m (2:13.70)

2:13.70 (!)	Hurricane Alumni Invite	4/13/19	8th
2:19.46	War Eagle Invitational	4/21/18	20th

1500m (4:38.02)

4:38.02 (!)	Hurricane Alumni Invite	4/13/19	3rd
4:56.48	The American Championship	5/12/18	21st
4:38.39	North Florida Invitational	4/27/18	5th
4:42.63	War Eagle Invitational	4/20/18	9th
4:43.86	Tom Jones Memorial	4/13/18	10th
4:46.46	USF Bulls Invitational	3/23/18	9th

3000m (10:16.30)

10:16.30 (!)	UCF Knights Invite	3/23/19	1st
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TRACK & FIELD

CAREER OUTDOOR MARKS

VICTORIA JUNG (CONT.)

3000m Steeplechase (11:02.75)

11:20.01	The American Championship	5/11/19	13th
11:02.75 (!)	Florida Relays	3/29/19	19th

5000m (17:32.06)

18:47.16	The American Championship	5/12/19	37th
17:32.06 (!)	Georgia Tech Invitational	4/19/19	12th

KAYLA MCGOWAN

5000m (19:54.34)

19:54.34 (!)	Black & Gold Challenge	3/16/18	18th
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ZHARIA MOORE

100m (12.17w/12.32)

12.97*	LSU Invitational	4/28/18	20th
12.32* (!)	Michael Johnson Invitational	4/21/18	24th
12.36*	Jackie Joyner-Kersey Invitational	4/14/18	7th
12.17w*	Houston Alumni Invitational	4/7/18	8th
12.66*	Baldy Castillo Invitational	3/17/18	23rd

100m Hurdles (13.46)

13.46 (!)	Tom Jones Memorial	4/27/19	7th
13.75	Tom Jones Memorial	4/27/19	9th
14.34	Georgia Tech Invitational	4/19/19	6th
13.98	Hurricane Alumni Invite	4/13/19	7th
13.90	Black & Gold Challenge	3/16/19	6th
13.80*	NCAA West Preliminary	5/25/18	31st
14.08*	LSU Invitational	4/28/18	15th
13.84*	Michael Johnson Invitational	4/21/18	10th
13.74*	Jackie Joyner-Kersey Invitational	4/14/18	2nd
13.77*	Houston Alumni Invitational	4/7/18	3rd
13.72w*	Texas Relays	3/31/18	6th
13.55w*	Texas Relays	3/31/18	11th
13.96*	Roadrunner Invitational	3/24/18	8th
14.24*	Baldy Castillo Invitational	3/17/18	5th
14.13*	SEC Relays	4/29/17	16th
14.07w*	Michael Johnson Invitational	4/22/17	11th
14.14w*	Bobcat Invitational	4/1/17	10th
14.30w*	Roadrunner Invitational	3/25/17	6th

Long Jump (18-3/5.56m)

18-3/5.56m* (!)	SEC Relays	4/28/17	15th
17-5.25/5.31mw*	Roadrunner Invitational	3/25/17	14th

COURNEY MORGAN

Discus (146-5/44.62m)

146-5/44.62m (!)	The American Championship	5/13/18	11th
142-11/43.56m	North Florida Invitational	4/27/18	2nd
131-0/39.94m	War Eagle Invitational	4/21/18	13th
129-5/39.46m	Tom Jones Memorial	4/13/18	10th
141-8/43.18m	USF Bulls Invitational	3/23/18	7th
139-5/42.49m	Black & Gold Challenge	3/17/18	13th

Shot Put (47-6.5/14.49m)

42-5.5/12.94m	The American Championship	5/13/18	19th
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46-3.5/14.11m	North Florida Invitational	4/27/18	7th
45-1/13.74m	War Eagle Invitational	4/21/18	12th
46-1.25/14.05m	Tom Jones Memorial	4/13/18	9th
44-9.75/13.66m	Florida Relays	3/31/18	18th
47-6.5/14.49m (!)	USF Bulls Invitational	3/23/18	4th
45-7.25/13.90m	Black & Gold Challenge	3/17/18	8th

ASHLEY NELSON

100m (12.29)

12.42	Tom Jones Memorial	4/27/19	37th
12.58	Georgia Tech Invitational	4/19/19	38th
12.29 (!)	Hurricane Alumni Invite	4/13/19	42nd
12.66	North Florida Invitational	4/27/18	30th
12.78	Tom Jones Memorial	4/13/18	35th

200m (25.52)

25.52 (!)	Tom Jones Memorial	4/26/19	50th
25.94	Georgia Tech Invitational	4/20/19	33rd
25.60	Hurricane Alumni Invite	4/13/19	47th
25.87	North Florida Invitational	4/27/18	23rd
25.57w	War Eagle Invitational	4/21/18	41st
26.17	Tom Jones Memorial	4/13/18	41st
26.45	USF Bulls Invitational	3/23/18	44th
26.80w	Black & Gold Challenge	3/17/18	58th

KATIE PINNELL

800m (2:09.39)

2:16.75	The American Championship	5/10/19	15th
2:09.39 (!)	Tom Jones Memorial	4/26/19	7th
2:11.42	Hurricane Alumni Invite	4/13/19	7th
2:09.74	Florida Relays	3/29/19	27th
2:10.19	UCF Knights Invite	3/23/19	1st

1500m (4:41.22)

4:41.22 (!)	Georgia Tech Invitational	4/19/19	9th
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BRIANA POTTER

100m (13.12)

13.12 (!)	UCF Knights Invite	3/23/19	32nd
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200m (27.64)

27.64 (!)	USF Bulls Invitational	3/23/18	54th
28.05	Black and Gold Challenge	3/18/17	25th
28.30	Illinois Dual	4/9/16	9th

Long Jump (17-4.25/5.29m)

15-11.5/4.87	Black & Gold Challenge	3/17/18	23rd
17-4.25/5.29m (!)	Black & Gold Challenge	3/18/17	7th
17-0.5/5.19m	Illinois Dual	4/9/16	4th
16-8/5.08m	UCF Invitational	3/26/16	5th

Triple Jump (39-7.75/12.08m)

38-2.75/11.65m	The American Championship	5/12/19	17th
38-7.5/11.77m	Tom Jones Memorial	4/27/19	14th
37-11.5/11.57m	Georgia Tech Invitational	4/20/19	8th
38-7/11.76m	UCF Knights Invite	3/23/19	2nd



TRACK & FIELD

CAREER OUTDOOR MARKS

BRIANA POTTER (CONT.)

Triple Jump (39-7.75/12.08m)

38-8.75/11.8m	Black & Gold Challenge	3/16/19	6th
38-7/11.76mw	North Florida Invitational	4/27/18	7th
38-0.25/11.59mw	Tom Jones Memorial	4/13/18	9th
38-2/11.63m	USF Bulls Invitational	3/23/18	11th
38-7.5/11.77m	Black & Gold Challenge	3/16/18	6th
38-3.25/11.66m	The American Championship	5/14/17	8th
39-2.5/11.95m	Tom Jones Memorial	4/28/17	7th
39-7.75/12.08m (!)	USF Invitational	4/22/17	1st
38-6.75/11.75m	Sun Angel Classic	4/7/17	14th
38-4.75/11.70m	Black and Gold Challenge	3/18/17	4th
38-2.75/11.65m	Tom Jones Memorial	4/22/16	5th
37-6/11.43m	Illinois Dual	4/9/16	2nd
38-2/11.63m	UCF Invitational	3/26/16	5th
37-4.5/11.39m	Black & Gold Challenge	3/19/16	5th

SOTERIA RUSSELL

Shot Put (43-3.75/13.20m)

43-6/13.26m (!)	The American Championship	5/11/19	16th
42-1.25/12.83m	Hurricane Alumni Invite	4/13/19	12th
43-3.75/13.20m	Black & Gold Challenge	3/16/19	9th

Discus Throw (145-6/44.34m)

142-5/43.42m	The American Championship	5/12/19	13th
133-11/40.83m	Georgia Tech Invitational	4/20/19	7th
135-3/41.23m	Hurricane Alumni Invite	4/13/19	12th
145-6/44.34m (!)	UCF Knights Invite	3/23/19	3rd
139-11/42.65m	Black & Gold Challenge	3/16/19	4th

Hammer Throw (156-05/47.67m)

149-5/45.54m	The American Championship	5/10/19	18th
137-9/41.98m	Georgia Tech Invitational	4/19/19	14th
142-3/43.36m	Hurricane Alumni Invite	4/13/19	16th
154-9/47.16m	UCF Knights Invite	3/23/19	8th
156-05/47.67m (!)	Black & Gold Challenge	3/15/19	11th

SHAYLA SANDERS

1500m (4:47.40)

4:47.40 (!)	UCF Knights Invite	3/23/19	3rd
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KATY SOLTIS

800m (2:15.61)

2:19.33	Georgia Tech Invitational	4/20/19	19th
2:15.61 (!)	Hurricane Alumni Invite	4/13/19	10th
2:22.64	War Eagle Invitational	4/21/18	25th
2:18.73	Black & Gold Challenge	3/17/18	8th

1500m (4:40.39)

4:48.35	The American Championship	5/11/19	18th
4:40.39 (!)	Georgia Tech Invitational	4/19/19	8th
4:45.32	UCF Knights Invite	3/22/19	1st
4:51.27	The American Championship	5/12/18	18th
4:56.86	North Invitational	4/27/18	12th
4:53.60	War Eagle Invitational	4/20/18	16th
4:50.90	Tom Jones Memorial	4/13/18	20th

4:51.12	USF Bulls Invitational	3/23/18	11th
4:46.94	Black & Gold Challenge	3/16/18	10th

BETH WILLIAMS

800m (2:11.97)

2:16.19	The American Championship	5/12/18	17th
2:15.15	North Florida Invitational	4/27/18	13th
2:12.05	War Eagle Invitational	4/21/18	10th
2:11.97 (!)	Florida Relays	3/30/18	40th
2:12.18	Black & Gold Challenge	3/16/18	7th

1500m (4:38.60)

4:48.67	War Eagle Invitational	4/20/18	15th
4:43.81	Tom Jones Memorial	4/13/18	9th
4:38.60 (!)	USF Bulls Invitational	3/23/18	2nd
4:42.15	Black & Gold Challenge	3/17/18	3rd

SHANIYA WILLIAMS

100m (11.59)

11.74	The American Championship	5/12/19	7th
11.73	The American Championship	5/11/19	6th
11.75	Tom Jones Memorial	4/27/19	22nd
11.86	Georgia Tech Invitational	4/19/19	5th
11.59 (!)	Hurricane Alumni Invite	4/13/19	16th
11.81	Florida Relays	3/29/19	28th
11.85	UCF Knights Invite	3/23/19	6th
11.72	Black & Gold Challenge	3/16/19	6th
11.70	The American Championship	5/13/18	7th
11.68	The American Championship	5/12/18	6th
11.70	North Florida Invitational	4/27/18	3rd
11.90	War Eagle Invitational	4/21/18	10th
11.61w	Tom Jones Memorial	4/13/18	14th
12.00	USF Bulls Invitational	3/23/18	10th
11.89	Black & Gold Challenge	3/17/18	5th

200m (23.92)

24.21	The American Championship	5/10/19	15th
23.92 (!)	Tom Jones Memorial	4/26/19	20th
24.72	Georgia Tech Invitational	4/20/19	8th
24.63	Hurricane Alumni Invite	4/13/19	33rd
23.96w	UCF Knights Invite	3/23/19	5th
24.25	The American Championship	5/12/18	10th
25.86	North Florida Invitational	4/27/18	22nd
24.24	War Eagle Invitational	4/21/18	21st
24.51	Tom Jones Memorial	4/13/18	28th
23.98	Florida Relays	3/31/18	21st
26.18	USF Bulls Invitational	3/23/18	40th
24.97	Black & Gold Challenge	3/17/18	30th

SARAH WOLLASTON

100m (11.92)

12.13	The American Championship	5/11/19	20th
11.98	Tom Jones Memorial	4/27/19	30th
12.07	Georgia Tech Invitational	4/19/19	12th
11.92 (!)	Hurricane Alumni Invite	4/13/19	29th
12.13	UCF Knights Invite	3/23/19	15th



TRACK & FIELD

CAREER OUTDOOR MARKS

SARAH WOLLASTON (CONT.)

100m (11.92)

12.05	The American Championship	3/31/18	18th
12.28	War Eagle Invitational	4/21/18	28th
12.06	Tom Jones Memorial	4/13/18	29th
12.09	USF Bulls Invitational	3/23/18	12th
12.35	Black & Gold Challenge	3/17/18	24th

200m (24.40)

25.42	The American Championship	5/10/19	26th
24.40 (!)	Tom Jones Memorial	4/26/19	31st
24.58	Georgia Tech Invitational	4/20/19	6th
24.50	Hurricane Alumni Invite	4/13/19	28th
24.73	UCF Knights Invite	3/23/19	13th
24.97	War Eagle Invitational	4/21/18	34th
24.55	Tom Jones Memorial	4/13/18	29th
24.77	USF Bulls Invitational	3/23/18	11th
25.01	Black & Gold Challenge	3/17/18	31st