

2018 UCF CROSS COUNTRY RESULTS



TEAM RESULTS

Date	Meet	Place
8/31	FAU Invitational	3rd of 10
9/15	UCF Knights Cross Country Invitational	2nd of 5
9/22	Mountain Dew Invitational	9th of 27
10/12	USF Invitational	3rd of 10
10/25	American Athletic Conference Championship	9th of 12
11/9	NCAA South Region Championships	26th of 30



INDIVIDUAL RESULTS

	Aug. 31 FAU Invitational	Sept. 15 UCF Knights Invitational	Sept. 22 Mountain Dew Invitational	Oct. 12 USF Invitational	Oct. 25* AAC Championships	Nov. 9* NCCA Region Championships
Charlotte Crook	--	18:54.6	18:09.17	-	-	-
Jessica Dolan	19:15.0	19:19.6	18:39.28	19:32.22	25:29.93	23:34.7
Shiree Hinds	22:38.1	21:36.9	-	22:52.05	-	-
Victoria Jung	18:57.6	18:43.7	18:09.49	18:58.79	24:22.95	22:49.5
Kayla McGowan	21:23.7	21:18.7	20:32.2	21:25.98	27:44.85	25:32.2
Shayla Sanders	19:47.3	19:36.1	19:36.1	19:42.07	26:51.39	-
Kaitlyn Soltis	19:30.7	19:27.8	19:01.15	19:41.43	25:39.45	24:51.3
Crystal Tejada	20:35.8	--	19:20.23	20:16.99	26:02.01	24:09.0
Beth Williams	--	--	-	-	-	-



PERSONAL/SEASON BESTS

	5K PB/SB	6K PB/SB
Charlotte Crook	18:39.3/18:39.3	-/-
Jessica Dolan	18:39.3/18:39.3	23:05.4/23:34.7
Shiree Hinds	20:11.1/21:36.9	25:05.4/-
Victoria Jung	18:09.5/18:09.5	22:33.1/22:49.5
Kayla McGowan	20:32.2/20:32.2	25:32.2/25:32.2
Shayla Sanders	19:36.1/19:36.1	26:51.39/26:51.39
Kaitlyn Soltis	19:01.2/19:01.2	24:51.3/24:51.3
Crystal Tejada	19:20.3/19:20.3	24:09.0/24:09.0
Beth Williams	18:56.3/-	24:29.1/-

BEST FINISHES

	2018	Career
Charlotte Crook	6th - UCF Knights Invite	6th - UCF Knights Invite (2018)
Jessica Dolan	9th - Twice, last UCF Knights Invite	9th - FAU Invitational (2018)
Shiree Hinds	32nd - UCF Knights Invite	19th - FL Runners (2017)
Victoria Jung	3rd - UCF Knights Invite	3rd - UCF Knights Invite (2018)
Kayla McGowan	29th - UCF Knights Invite	29th - UCF Knights Invite (2018)
Shayla Sanders	13th - UCF Knights Invite	13th - UCF Knights Invite (2018)
Kaitlyn Soltis	11th - UCF Knights Invite	11th - UCF Knights Invite (2018)
Crystal Tejada	34th - Twice, last USF Invitational	24th - FL Runners (2017)
Beth Williams	-	9th - FAU Invitational (2017)