



2018 UCF Knights Cross Country Invitational

Saturday, September 15, 2018

Schedule:

7:45am: Women's College/Open 5000m

8:30am: Men's College/Open 8000m

Locations: UCF Arboretum, start/finish north of softball stadium. Course is mostly grass with sand at certain spots. Spikes Recommended.

Entry information: All team and unattached entries must be submitted through www.directathletics.com.

Entry fees: University/College – \$150.00 per gender. Unattached/Individuals - \$30.00 (NO HIGH SCHOOL ATHLETES WILL BE ACCEPTED)

Entry Deadline: Wednesday, September 12, 2018 at 11:59am.

ALL Entries must be submitted through, www.directathletics.com

Course inspection: The course will be open for shakeouts and inspection on Friday, Sept. 14, after 3 p.m.

Dressing facilities: There are no dressing facilities or shower facilities available at the course. Bathrooms are available.

Packet pickup: Available on Friday at course inspection or 6 a.m. on meet day, Saturday, Sept.15, near the starting line.

Parking: Team and spectator parking will be in lot E8 located along Orion Blvd.

For further information:

Contact- Assistant Coach Bryan Jackson, bjackson@athletics.ucf.edu, (407) 823-0487

